



I. MANIFESTATION NAME

*Discover and co-create with your
inner creator.*



Your questions about manifesting
desires have opened a direct connection to your soul wisdom.
It will come as a name, flowing into your awareness with a
fresh approach to creating a unique, dream life.

MESSAGE

Your manifestation name is developing and will soon open a direct link to the principles of creation. You are unlocking a new understanding of yourself and how to design your life. Your name becomes a conduit for all your guides, angels, loved ones, and light beings to stream their love and messages to you.

If your name has already manifested, breathe life into it and allow it to expand into its role as a guide. Keep your name as long as it inspires and feels good. When it no longer does either, a new name will emerge with a deeper understanding of creation.

Your manifestation name activates and helps you embody your inner creator. It lets you easily recognise this part of you by how it feels. It opens a dialogue about crafting your life and how it happens in two ways: unconsciously (not aware) and consciously (aware). You can't get this wrong. Any problematic situation allows you to learn, heal, and grow. Each moment is an opportunity for you to learn more about yourself. When you ask questions, new perceptions and skills flow into your mind and body that spark new quests to begin and unfold.

Explore the exercises in the masterclass to embody the message and discover the name of your manifesting spirit.

CONSCIOUS CREATOR MASTERCLASS: DISCOVER YOUR MANIFESTATION NAME

Open yourself to receiving your manifestation name. It will form in the coming days and weeks if it doesn't come today. If your name has already manifested, be open to an expansion or change of your name.

Visualisation

Place the *Manifestation Name* card at your feet. Gently close your eyes. Sense your body and concentrate on your breathing. Follow your breath inward. Hold for five seconds. Breathe out and release all tension. Relax. Then, focus on the middle of your chest. Sense your breathing moving in and out of your heart.

Imagine you ride a wave of light deep into your heart. Riding the wave like an expert surfer, you are taken to a clear crystal door

inscribed with letters that seem to form a name. If you have done this before, your manifestation name will appear.

Your willingness to be a conscious creator opens the door. You step through onto a large, circular, revolving platform. All around you, light rays filled with your questions and desires come and go. The display is beautiful. You are watching your questions and desires move outward into the universe and realise that your answers and manifestations are forming.

A profound silence then descends around you and opens a portal allowing for your manifestation name to flow to you. If you already have your name, deeper truths will flow. Open your heart to receive this information. Stay here for as long as you like — at least thirty seconds.

When you are ready, the portal gently fades away, and the rays of creation swirl again. You step out of the light rays and remember this feeling of endless possibilities as you float through the door. Notice the name on the door as it may have changed. Focus on your breath and let it guide you back to your physical self. Open your eyes and smile.

Journal Work

When you have finished the visualisation, say out loud the name/s or word/s that came to you. Then, write or draw two thoughts or ideas this name or names invoke in you. This process helps to melt away doubt while fully restoring belief in your ability to create your manifestations.

Reflections and Actions

If your manifestation name/s hasn't come to you yet, use a word that represents joy.

To help you find it, you can also research your first or middle name. Every name has a meaning and can give you more information to add to your manifestations. For example, 'Denise' means "devoted to Dionysus", the Greek god of wine, fertility, and ecstasy. My conclusion is to make the process of creation joyous and fun for myself and others.

When you find a name or names, try them on to see how they feel. Say out loud, "My manifestation name is ____." It might feel weird initially but keep going; you are creating a belief in yourself. You will know a name is right for you when you sense a quiet recognition or knowing.

Your soul is infinite and knows you can create what you desire. If you want something but don't feel worthy or are unsure how it will arrive, hand over your dreams and desires to your inner creator. Say, "[Manifestation name], I would love _____. I open my heart to receive it. Thank you."



2. WAKING UP

Discover and create from your authentic soul self.



Your dreams and desires continually push against outdated or limiting beliefs as they search for a way to manifest in your life. You will feel this as an urge to live an authentic, soul-inspired life.

MESSAGE

Triggered by a deep yearning to live a genuine, fulfilling, and inspiring life, authentic soul qualities are entering your awareness. They may come as a sudden burst of insight or information that builds upon previous discoveries. You are awakening into the same world but seeing it through new eyes that recognise the path towards genuine and pleasing life encounters.

Invite your curiosity to rouse fresh perspectives and possibilities for you to experience. The star on the card depicts two triangles merging. The downwards-pointing triangle symbolises the divine feminine principle of infinite possibilities and dream inspiration, while the upwards-pointing triangle represents the masculine principle of thoughtful action and desire expression.

The heart is a combination of both radiating outward through the colours of gold (wisdom), red/pink (love), and blue (honesty), which creates authentic, practical insights for you to apply in your daily life.

The more you recognise your true qualities, the greater your inner light shines upon solutions. You are doing so well; you can't get this process wrong. Your life will continually bring opportunities for you to awaken into greater awareness. Relax and enjoy this time of authentic desires moving into your world.

Explore the exercises in the masterclass to embody the message and gently awaken your authenticity.

CONSCIOUS CREATOR MASTERCLASS: SELF-INQUIRY FOR AWAKENING

The previous masterclass introduced your manifestation name. This masterclass helps you understand your authentic self as you discover the mystery of awakening.

Visualisation

Place the *Waking Up* card at your feet. In your mind, repeat your manifestation name or the word 'awaken' nine times. Gently close your eyes. Feel your body and concentrate on your breathing. Follow your breath inward. Hold for five seconds. Breathe out and release all tension. Relax and breathe naturally.

A bright light from your soul surrounds you. Breathe the light of your soul into your heart. Your heart opens so wide you can walk into it. Here, you stand in a space where you are free

to be you. Not who you think you must be, but the private you: full of dreams, hopes and desires. Familiarise yourself with this place. Adjust your energy to honour this loving space. There is no judgement here, just a limitless quantum field of possibilities.

In this place, become self-aware by getting to know yourself.

Ask yourself some questions. Allow any thoughts, sensations, colours, or feelings to come to you spontaneously.

- Who am I? (Stay here for one minute and quietly listen.)
- What is my deepest desire? What do I truly want? (Stay here for one minute and quietly listen.)
- What is my purpose? What do I want to contribute to the world? (Stay here for one minute and quietly listen.)
- What am I grateful for? What do I love in my life now? (Stay here for one minute and quietly listen.)

Breathe more light into your heart and imagine your heart expanding even more. Love, knowingness, and bliss fill your heart. Each heartbeat pulses golden light through you, filling the room with golden light. Allow golden light to melt away anything that holds you away from your dreams. Let it melt away any masks you wear and allow yourself to shine.

Now, as you breathe, bring your heart closer and closer to you. Call your energy back until it is contained within your body. Your best life is yet to come because you are transcending into your soul's vision. Be here now. Wiggle your toes and fingers. Stretch your body and open your eyes.

Journal Work

Write or draw any answers you received to the questions you asked yourself in the visualisation.

- Who am I?
- What is my deepest desire? What do I truly want?
- What is my purpose? What do I want to contribute to the world?
- What am I grateful for? What do I love in my life now?

Reflections and Actions: Clarification

New experiences and information clarify how you want to live and create. Lives can be busy, and often, information slips behind your awareness. But don't worry, any information needed will awaken into your awareness when you are ready to receive it. Over time, your authentic self becomes more precise and louder. Your awareness expands to allow more of your authentic self to point you towards possibilities beyond any limitations.

Repeat the visualisation monthly around the time of the new moon, then look over your previous journal work answers. Consider what you have written or drawn and decide if it is still relevant. Then, write or draw anything you want to add. If something no longer feels relevant, remove it, cross it out, or draw over it.

At any time, ask your manifesting name to make clear the desires of your authentic self. An answer will come in the following 24 hours.