

Elle Qui Oracle

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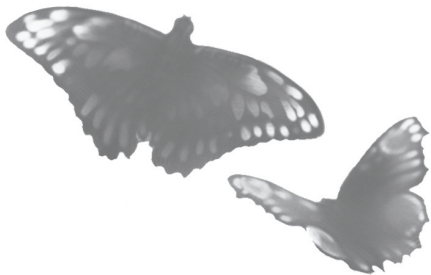
Introduction

Welcome to the world of Elle Qui Oracle (“She Who”) featuring magnificent female warriors and women of great compassion and wisdom. This distinctly feminine deck features 44 heroines who have experienced it all: from fear to freedom, hardship to hope. They now share their powerful lessons of life and love with all who seek them out. Each card presents a woman who is willing to challenge you in unique ways. With names drawn from Asian and African, as well as European languages, Elle Qui offers the worldview that, as different as our lives are, we are all linked by similar inspirational experiences. It is our hope that this deck can be a bridge connecting women of diverse cultural backgrounds as we journey through life.

Elle Qui Oracle can be used for introspection as well as divination. Each card has three suggested questions to help you dig a bit deeper into your situation. Use them as you see fit. You are encouraged to come up with your own questions as well. Let your own vision of “She Who” lead you to a new understanding of yourself. As you view each card, tell yourself a story about the individual in the art. Imagine how you might greet her if you met her in person. Do not be surprised if you glimpse reflections of your own strengths and weaknesses in these cards. This deck will help you discover layers of forgotten selves. Elle Qui works with your own imagination, so let your mind wander. Who will you be today?



The Cards



SHE WHO BATTLES:
ABANOLAKA

Justice, Fierce, Commitment

When ABANOLAKA, SHE WHO BATTLES, appears, you would do well to gird your loins. Abanolaka is the Zulu word for ‘fierce.’ She is not one to take the easy way out. Her preference is a deadeye stare straight into the depths of what challenges her. Her bronze armor and war ribbons match her ferocious gaze, yet at the same time, she wears a soft, white dress that billows in the breeze and she holds her sword back. As fierce as Abanolaka is, she is equally patient, and knows sometimes the best strategy is to fight a battle with words not swords, restraint not aggression.

Abanolaka is here to help you face your current challenges. If you decide to stand and fight, remember her unwavering focus and complete commitment. Abanolaka knows if she is first victorious in her heart, she cannot be beaten. But there is a great saying, “You do not have to attend every argument to which you are invited.” You are not diminished by refusing to do battle. Often it takes greater

strength to lay down your sword. By doing so, you may learn something that changes the entire scene. Your enemy may turn out to be a friend, or a teacher rather than a taker. Whichever path you choose, stay fiercely committed to your decision.

- *What is the battle at hand that I must take on?*
- *How would I feel if I refuse this particular fight?*
- *What's really behind this conflict?*



SHE WHO BECOMES:

AETERNA

Metamorphosis, Transcend, Journey

AETERNA, SHE WHO BECOMES, rises light like a feather. No longer anchored to the ground, her lightness of being creates a total metamorphosis of self. Even her hair is changing colors from fiery red to the intensity of light blue and white like the hottest part of the flame. Her passion to transcend to her next highest self is taking place. Her right hand is held in the *Prithvi Mudra* to offset the fire element and increase the earth

element. She knows she must maintain this balance if she is to continue evolving. This powerful mudra increases her sense of stability, which she needs as she floats off the earth. Her antenna-like stamen gathers information on deep sensory levels. Aeterna may seem to be asleep, but she is focused on her journey at hand.

This card indicates that you are at a moment of becoming the being you have been working on. All the effort is coming together to send you soaring up to the next plane. The good news and the bad news is there is always another level to achieve. Each subtle state of existence creates new challenges. Know that you have safely lived on your current plane, and all that you have learned by, and failed in, and powered through will be brought with you on your journey. The cranes who rise from the mist show you the past is a source of strength for the future. Like the caterpillar who metamorphoses into a butterfly, it is time to try out your new wings.

- *What is the next level for me?*

- *How can I benefit the most from this transcending?*
- *What challenges me the most in my current spiritual journey?*



SHE WHO QUESTIONS:

AMALIE

Curiosity, Destiny, Search

AMALIE, SHE WHO QUESTIONS, welcomes you. She wears an assortment of vivid flowers and honors the many tendrils. Each one is a possibility, a chance, an unexpected happening. Her gift is to see which ones will open next. She Who Questions welcomes questions because she loves giving answers that lead to more questions. She is the sacred circle of the oracle. Do not be dismayed if your search seems to lead you to more questions. It is Amalie's preferred way.

Amalie shows that you have other paths in front of you. There are avenues you can take that you may not even see yet. Be ready for the unexpected signpost pointing you toward a completely different way. Destiny

can sometimes be tricky because you may be pulling for the wrong shore. Stop for a moment in your seeking. Tap into your natural curiosity and question things. Even those people who have always seemed one way and only one way may have hidden depths. Your job is to reexamine what you thought truth was. Chances are good you will be given an opportunity to make some changes. Remember the circle can become a spiral so rather than leading you back to your own beginning, it may take you up or down. Your skill at questioning will help you find your way.

- *What am I searching for?*
- *What is the meaning of destiny to me?*
- *In what ways has my journey been a spiral?*

SHE WHO RESISTS:

AUDAZ

Fearless, Justified, Resistant

AUDAZ, SHE WHO RESISTS, grips a bloody knife in her hand. She looks back to see who follows. Her determination is echoed in the golden bee exploring the rose in her hair.

She will continue to do what she must do. She holds no love for violence, but neither will she allow fear to rule her. When the call comes to fight for her rights, she will always answer. Her fierce resistance comes from a lifetime of being told what she cannot do. Audaz embraces her own voice, her own power, her own infinite right to be herself.

Audaz's message is to fight for yourself. Resist those who would change who you are. Stand against injustice in your world. It is best to choose the path of non-violence, yet at times you may have to use justified anger as impetus to move yourself forward. This moment calls for you to draw on your own inner strength. Examine how you may be allowing things to happen simply by refusing to resist. This is not a time to allow others to walk over you.

- *Am I allowing my power to be blocked?*
- *Is my anger justified?*
- *Are there peaceful ways to resist?*

SHE WHO GRANTS WISHES:

AYLIS

Wish, Desires, Hope

AYLIS, SHE WHO GRANTS WISHES, dances among the stars in purple and gold. Her eyes gaze downward to catch all the wishes being made. While she can't acknowledge every wish, she waits for the ones that truly touch her heart. The wand she carries displays the bright light of hope we all send up. This is her energy, her gift, what motivates her to continue her dance and to hold her attitude of listening.

Aylis tells you to define what you want. What are your wishes? What is your heart's desire? Do not answer too quickly. Sometimes we wish for a horse when what we truly desire is movement. Your duty to yourself is to dig deeply into your own wants and needs. Heed the proverb: "Be careful what you wish for. You may get it." So, She Who Grants Wishes requires you to apply discretion before you say what it is you think you want. Aylis' goal is not to withhold things from you. She merely

hopes you will not waste the gift of a wish today. This card brings work but also fulfillment.

- *What is the underlying reason for my heart's desire?*
- *What am I willing to do to have my wish fulfilled?*
- *Where can I use more hope in my life?*



SHE WHO BRINGS LIGHT:

BLANCHE

Light, Serenity, Beacon

BLANCHE, SHE WHO BRINGS LIGHT, understands the symbiotic nature of light and growth. The vine, which crowns her, springs up from beneath her feet. She offers herself up as support so the searching leaves can seek the bright sun. Blanche herself wears only her hair, the vine and peacock feathers as she welcomes the warmth. Her elfin ears point to the sun, drawing in its comforting, life-giving rays. Even her hair shimmers with echoes of fire.

This card's message is to assure you that you are whole. The answer you seek is already dancing in your own spark of life. If you feel drained and restless, now is a good time to fuel yourself with food that nourishes and replenishes you. Enjoy vegetables from the garden that have been supercharged by the sun. Creativity needs to be fed as well. Go to those places where you can connect with the things that ignite you. If your normal creative outlet isn't giving you what you need, try something different. Imagine yourself peacefully accepting all the energy of the sun. Taking only what you need, you become a beacon for other seekers. You not only reflect the brilliance, you are the emanating light. This card calls you to understand your own warmth, your own glow, your own brilliance.

- *What serves as my beacon?*
- *Where can I go to recharge my own battery?*
- *What are three things I value about myself?*

SHE WHO LOVED ONCE:

BLUE

Fragile, Secret love, Rejection

BLUE, SHE WHO LOVED ONCE, has a sad demeanor because she is thinking about someone who no longer accepts her love. She wears a golden wreath on her dark hair and clasps flowers to her heart. From her glance, you can see she is feeling lost and alone now. The delicate dogwood flowers are meant to be given to someone special, but Blue hesitates in offering her love again.

This card encourages you to explore your own feelings of vulnerability. There is always a risk in revealing your emotions. If you have a secret love, it can be a thrilling thing as much as a terrifying one. If you tell them how you feel, how will they respond? Will they appreciate your declaration or will they walk away? The only real way of knowing the answer is to hold out your gift. Let this card remind you that you weren't meant to love only once. If you suffer the anguish of rejection,

allow yourself time to heal. When you are ready, pick new flowers. Face the world head on so others can find you to offer you their love.

- *Who are the people I trust to love me?*
- *In what ways do I feel vulnerable?*
- *How can I best protect my fragile heart today?*



SHE WHO SURPRISES:

BRISE

Surprise, Discovery, Revelation

BRISE, SHE WHO SURPRISES, stands watching at her window. She is singing a song we can't hear but the butterflies can. They are attracted to her nature as if she were a living representation of nectar. She is their butterfly queen who can direct them to the sweetest flowers. She oversees pollination of not only the flora, but of humankind as well. One of her favorite things is the unexpected discovery. It isn't only the surprise bringing Brise her happiness, but the feeling of divinity that comes with the marvelous moment of revelation.

When this card of surprise shows up, expect the unlooked-for moment. If you are receptive to fortuitous and unheralded insight, you stand a very good chance of finding the answers you need. The key here is the message may come in unusual ways. You cannot expect a straightforward response. Rather, look for those things that reveal themselves through patterns. Perhaps you see a caterpillar over and over. Or maybe it will be the caterpillar, the chrysalis and then the butterfly. Whatever the symbol is, don't worry if you don't understand it in the moment. Sometimes discovery comes only after we have assimilated the knowledge deep within ourselves. We must allow the process to unfold. Forcing it may ruin the moment of sacred surprise.

- *How can I pay closer attention to the signs I am given?*
- *How can I discover my own divine direction?*
- *What is being revealed to me?*

SHE WHO FREES:

CARLY

Liberation, Unrestrained, Freedom

CARLY, SHE WHO FREES, demonstrates how useless it is to try to bind her. She stands barefooted on the rocky shore, her hair blowing loose from the confining headband. Birds swoop overhead. The waves break upon the rock where she perches. Nothing can contain her. She has made the decision to be free, so free she will be. Her wrists bear the marks of the shackles. She will always remember the lessons of wearing them but now she tosses the broken, useless chains into the water. Within the waves there is almost an electrical pulse as Carly's energy sets her loose. This is a being who will not be restrained.

The message of this card is that you face a challenge only you can answer. Will you remain obedient to the chains put upon you? Or will you cast them aside to live the liberated life? It's important to remember sometimes bonds are accepted. You should

also understand you can change your mind about those restraints. You are at a point where you can end anything you feel holds you back. It would be wise to examine the chains thoroughly though. Who holds the other end and who holds the key?

- *When did I first notice that I am being held back?*
- *What would real freedom feel like?*
- *What chains do I yearn to be free of?*



SHE WHO NURTURES:

COLETTE

Empathy, Gentleness, Insight

COLETTE, SHE WHO NURTURES, entwines her hair with a soft crown of flowers and leaves. The name Colette means ‘necklace’ in French. She also wears a delicate gold chain adorned with an amethyst and tiny pink pearls. The soft luminescence of the pink pearls and blossoms reflect Colette’s gentle nature and her nurturing heart. Purple amethyst is a stone that promotes healing from grief as well as a sense of balance and peace. On Colette’s forehead it

signifies the third eye chakra, the source of her insight and intuition. She instinctively knows what others are feeling so she is able to nurture those who need her gift of empathy.

This card brings a gentle message of hope and healing. When you are troubled, turn to those around you and let them see what you need. If you are lucky you may encounter one of those rare souls who see at a glance exactly what you are experiencing. You will recognize the knowing souls like Colette, by the empathetic depth in their eyes. Allow yourself to be nurtured back to health and happiness.

- *When do I need to be more gentle with myself?*
- *Do I allow myself to be nurtured by others?*
- *Who can I share my gifts of empathy and insight with?*

SHE WHO WHISPERS:

CONSCIA

Secrets, Confessions, Confidante

CONSCIA, SHE WHO WHISPERS, knows how to keep a secret. You won't pry anything from her lips. She is the quintessential vault who holds all the lies and all the truths of the world. Her smoky quartz headdress helps remove negative energy. In fact, it is said to transform it into positive energy. It is her role to hear all the confidences of all who come to her. Conscia, Latin for 'confidante,' never judges. She simply listens.

This card reveals that all of us have secrets. It may be time to release yours now if they have become a burden. If you are concerned about being judged, look into your own heart first for compassion. Sometimes we convince ourselves that our secrets are uniquely deep and dark. When we expose them to the light we may discover others with the same fears. If someone has entrusted you with their secrets, honor their confidence.

- *What are my secrets?*

- *What would happen if I shared my secrets with others?*
- *Who can I trust with what I value most?*

SHE WHO YEARNS:

DESIREE

Yearn, Longing, Pine for

DESIREE, SHE WHO YEARNS, longingly watches the moon rise. She sheds her robes and ribbons for they are not needed in the coming dark of night. She will return her laurel wreath and lyre to the sun god Apollo. Her realm is the mystery of night. Desiree seeks her divine feminine self in the cycles of the moon. Birds come winging toward her, messengers from the moon carrying the answer she seeks. Desiree teaches us how to fully commit to pursuing our dreams. Rather than hope for something, she has begun the process of making her desires real.

The message of this card is to commit fully to your wants or admit you are simply stuck in the mode of pining for what you cannot reach. Your energy is at stake here. Will

you shed yourself of what you do not need in order to gain what it is you really want? Are you unsure of your yearning? Wishful thinking has its place, but now is the moment to drive forward to your goal or set the goal aside. The moon is reachable if you dedicate the resources necessary.

- *How far away is this thing I long for?*
- *Are my goals realistic?*
- *Am I giving up too much or not enough? What is the balance?*



SHE WHO REGRETS:

ECLAT

Battle, Victory, Bitterness

ECLAT, SHE WHO REGRETS, brings the message of bitter victory and success, which may be regretted in the long run. She knows how to go to battle. She understands how to win a war. Never having run from a fight, the ground she rests upon is littered with skulls. She stands solitary on the smoke-covered battlefield, secure in the knowledge that she is victorious. But while the battle had to be waged, perhaps it could

have been done with less acrimony. Some of the wounds Eclat inflicted were to herself. There will never be any love lost between Eclat and those she has crushed in the name of her hollow victory.

The message of this card is to use caution in arguments. We all have disagreements in our lives. It is how we resolve those moments that defines our future. How often have angry words been used as weapons before any attempt at a truce is made? Consider your speech carefully before you launch those arrows. Is it the right thing to do? Can you find another way to resolve the confrontation that doesn't involve the loss of friends and self-respect? Before you send out a declaration of hostilities, look deeply into Eclat's eyes and consider her regret.

- *What is the best outcome for all involved?*
- *Will I have regrets if this conflict ends bitterly?*
- *Who will be harmed if this matter is not settled amicably?*

SHE WHO FORGIVES:

ELIXIR

Remorse, Guilt, Forgiveness

ELIXIR, SHE WHO FORGIVES, wears simple autumn leaves in her hair. Her hazel eyes welcome you to her world. The green of her gown echoes nature's favorite color. She is a healer. She holds an intricately etched decanter containing a healing elixir of forgiveness. But there is a dare hidden here. Like all miracle cures, you must seek her out and complete a task. Elixir's magical liquid can soothe your woes, but first you must address what caused those pains in the first place. Are you willing to engage in this arduous, possibly perilous journey to the center of yourself?

Elixir appears because you seem to be seeking solace from hurts inflicted by others. You must ask yourself if those wounds were self-inflicted. Did you stay too long when you knew you should go? Did you not return when you had messages that you were needed? There are so many ways we can harm ourselves, but the worst of all is guilt.

We heap blame upon ourselves when we can't undo what's been done. Remorse for things said or unsaid, all of this must be dealt with when we seek healing. The message of this card is, you can be healed, but first you must forgive yourself.

- *If I were to write a letter asking for forgiveness, what would it say?*
- *If I would write a letter telling someone I forgive them, what would I say?*
- *What do I need to let go of in order to heal?*

SHE WHO DOUBTS:

ENID

Fear, Wariness, Trust

ENID, SHE WHO DOUBTS, is learning how to let go of mistrust. She has scars, both visible and invisible, that have held her back from living fully. She carries an ornate emerald pendant, which is said to promote the truth. It calms the wearer and restores self-esteem. Even though Enid is young, she knows that allowing doubt to hold her back will only harm herself. With the cautious eye of a wary doe, Enid ventures back out into the world.

The message of this card is to examine your own doubts. We all have been injured by life in one way or another. If we continue to hide in the shadows, then we allow those who did us injustices to win. Now is the time to let go of old misgivings and learn to trust again. Wariness is not a bad thing unless you are using it to give yourself permission to hide from life. Put on a trusty talisman, slip your scarf from your ears so all your senses are engaged, and trust in your own unique power.

- *Who or what am I hiding from?*
- *How do my fears limit me?*
- *Where do I need to place my trust?*



SHE WHO SURRENDERS:

ESTAFANIA

Chains, Bondage, Release

ESTAFANIA, SHE WHO SURRENDERS, rereads an old letter from someone who hurt her long ago. Clutching the response to her breast, she allows herself to be overcome by the agony yet again. Her bower has become her prison. Iron shackles bind her in this spot. Wrapped around her, this black cable weighs

her down. What she hasn't realized yet is that the chains are of her own making. By holding on to regret, anger or fear, she has forged heavy links tying her to her past. No one can release her save herself. And save herself is what she must do. To do that, she must let go of the past.

The lesson of this card is that when we surrender to the losses of the past we strangle ourselves with sorrow. It reminds us that when we let the ropes of past hurts turn into anchors, they only hold us back. Your task is to carefully review things from the past. If they cause you pain, you must let them go. It's like a paper cut that won't heal because you keep touching it. Put the past in the past where it belongs. Breaking this chain of misery will not be easy, but you've been given the chance to start anew. Don't let misery detain you from your amazing life.

- *Am I surrendering to old pain or releasing it?*
- *If I could write a letter to one person who hurt me, what would I say?*
- *Which chain link can I break today?*

SHE WHO ENFOLDS:

ÉTREINTE

Swathe, Embrace, Self-care

ÉTREINTE, SHE WHO ENFOLDS, has wrapped herself up in three layers of soft, colorful cloth. Her crown indicates that she rules herself. Her companion, a cousin to the scrub jay, is a noisy defender of her space. But our flaxen-haired ruler has no need of this protection. Self-care is a key component of her sovereignty. She surrounds herself as a mother swaddles an infant—to contain and to comfort. Her name means ‘embrace’ in French. Étreinte also knows anyone who would be truly close to her must respect her independence. Étreinte comes to teach you to trust and protect your layers. Do not be an open book now. Let those who would know you have a challenge. You are not being coy. You are being careful with your precious self. It is important to make this distinction. Sometimes we open ourselves up too soon and too much. Be discerning with how much you reveal so others understand you

are not to be taken lightly. Remember, it is perfectly acceptable to hold parts of yourself back until you are ready.

- *How can I comfort myself right now?*
- *Who deserves to see past all my layers?*
- *What should I allow myself to embrace?*

SHE WHO DIVINES:

FUTURA

Future, Choice, Judgment

FUTURA, SHE WHO DIVINES, holds La Mort, the Death card in tarot, and the Seven of Hearts, which signifies unconditional love. One seems dire while the other seems like a fantasy. But they are simply messages for us to interpret. Like the die and key on her necklace, all are tools. Even the opal can be a stone of sorrow if chosen for the wrong reason. Futura also wears an icon of the Virgin Mary representing the sorrows and the joys of women. Futura will help you see the opportunities that await you.

This card points out that you have a choice to make. A decision is waiting to be made

but you must first review all the possibilities. Make sure you are investigating the many varied paths that lie ahead. This could be an indication to ask someone else to help you delineate the choices before you. This card of looking into the future is a promise of hope, as long as you don't let the current issues hold you back. In order to move forward, you can't drag the past with you. Take time to peer into your window to see the future. Where will your feet take you next? Will your heart and head follow?

- *What do I need to know to make a decision?*
- *What has brought me to this point?*
- *Have I considered all factors and options?*



SHE WHO RADIATES:

GENEVA

Knowing, Ambition, Confidence

GENEVA, SHE WHO RADIATES, glows with the confidence of a true leader and her choices of ornamentation reflect her ambition. If it doesn't make her feel powerful, it is not for her. She has chosen the headdress of

a chieftain with bold markings of gold. Her face tattoos point to her strong features: her third eye chakra that knows all, her eyes that see everything, and her mouth that speaks her profound truth. The flowers she wears reflects her valor. This is a woman who understands the true nature of power. Her ambition is not to be denied. Geneva will be seen for the warrior princess she is. This card is asking you to look at the persona you present to the world. Is it the real you? The woman (or man) who wants to conquer your world? Let your appearance announce to the world that you are a force to be reckoned with. This force is beauty, power and ambition that radiates from you, like a queen's golden rings. Make sure you are doing everything you can to honor your true essence.

- *How do I display my confidence to the world?*
- *What does my personal style tell others about me?*
- *What is my ambition for today?*

SHE WHO LISTENS:

HANNAH

Understanding, Witness, Compassion

HANNAH, SHE WHO LISTENS, leans forward so you can quietly tell her all your stories—the delight-filled ones as well as the sorrowful. She invites you into her tent for privacy. You will not find judgment when you sit with her. This is the one person who can take what you need to dish out. Her colorful clothes reflect a spectrum of emotions and they change according to each person's feelings. Purple is for passion while the soft gold is for sorrow. Do not fear interruption from this compassionate soul. She understands how important it is to be heard. This is her calling in life. Making sure the untold stories are brought forth is her mission in life. She bears witness to all that is. Hannah evokes the meaning 'compassionate' in Hebrew.

Hannah calls for you to unburden yourself. There are many ways we can communicate our stories. Allow a compassionate friend to bear witness to your revelations. You might

start a journal where you write everything down. Don't avoid the ugly parts. Don't gloss over the good. Lay it all out. Your inside self needs a chance to release. Let those tales be spun.

- *Who will listen to me without judgment?*
- *What tales of mine need telling?*
- *How can I best release the stories of my inner self?*

SHE WHO CHANGES:

IRIS

Transformation, Change, Enchantment

IRIS, SHE WHO CHANGES, wears a waxing moon on her forehead and a curving snake on her arm. Both are emblems of change and transformation. The moon reminds us how we cycle from waxing to full to waning. The snake, ultimate agent of transformation, sheds its skin to live again. The snake's magic reminds us that as long as we are never stagnant, we will continue to reinvent ourselves. It is this power of transformation that invites us to celebrate the enchantment of this moment. Shed the

skin of yesterday to cloak yourself in your new persona. Iris asks if you are ready to do this.

Iris brings the message that you are in a moment of change. You can choose to move into a new self or pull back on the self you were before. There is nothing static about this issue. Do not put too much weight on things as they are. Instead, take a step back. Remind yourself of the moon cycles as well as the turning of the seasons. If you remember all things change, you will find yourself prepared to adapt to the ever-cycling world.

- *Why am I fighting this change?*
- *How can I flow into the transformation?*
- *What do I need to do to honor this cycle?*



SHE WHO DREAMS:

ISRA

Escape, Dreams, Fantasy

ISRA, SHE WHO DREAMS, rests upon a rock under a rising full moon. A moonflower vine twines up her leg and around her arm to weave through her hair. The blooming

flowers create a temporary tiara brought to life by the light of the moon. Isra dreams as the wind whisks her hair while leaves dance in the breeze. She knows how to escape the harshness of the so-called real world. Listening to the music of the celestial choir, she closes her eyes. Her fantasy brings her contentment so she takes time to drift into her dreams.

The message brought by Isra is to honor your dreams. They allow you a sanctuary where you can occasionally disappear and give your doubts and worries a much-needed break. Let your soul be soothed by impractical fantasies and foolish notions every day. When you acknowledge the power of the mental escape, you can begin to see which of your fears are real and which are unreal. You will also learn which of your fantasies are closer to reality than you thought. This insight is the gift of She Who Dreams.

- *What is my craziest dream?*
- *How can I make time to indulge in these dreams?*
- *When do I need to utilize this mental escape technique the most?*

SHE WHO CALMS:

JENNA

Stillness, Purity, Quiet

JENNA, SHE WHO CALMS, walks beneath a wintry sky. Her wise companion, the owl, follows her. There is peace here in the stillness of the trees. Her dress, made from the feathers of the white peacock with a delicate overlay of Queen Anne's lace, echoes the quiet purity of snow. This goddess is a ghost to some. To others, she is a trusted confidante. But Jenna sees and knows all who revel in her wintry world. A whisper of a cold breeze against the cheek is her kiss of thanks.

Jenna appears in order to honor the pause. "Come to me, child," she quietly calls. "Come to me when your days are too full. Come to me when noise overpowers." Her gift is calm companionship. An intimate walk on a snow-quieted day will be your reward when you answer her call. She and her whisper-winged guide want to show you the benefit of carving

out a few peaceful moments for yourself. This lovely spirit of Winterland beckons you to join her for one still minute. Focus on your breath. Appreciate all that we have in this one simple moment. Pause to give thanks for this calm respite.

- *Can I afford five minutes to merely sit and breathe quietly?*
- *How will I benefit by taking a few minutes right now?*
- *How can I make this a daily practice?*

SHE WHO PERSISTS:

JOCELYN

Perspective, Defiant, Persistent

JOCELYN, SHE WHO PERSISTS, wears a scarf on her head while baring her arms to the world. She will not be pigeonholed by society. She is on a quest to find herself in a way that makes sense to her own inner voice. Even though others around her try to get her to think a certain way or believe only one set of ideas, Jocelyn refuses to limit her perspective. Her goal in life is to live

so she is noticed for doing things she holds important. It is not an easy path, but Jocelyn will persist.

Jocelyn reminds you to take stock in your personal values and to ask yourself what you are willing to do to defend them. Nothing comes easily when She Who Persists shows up. She challenges you to prove you are willing to put forth the effort for things you believe in. Owning your own power can be frightening. Others may not stand beside you. Will you persist anyway?

- *What personal values are important to me?*
- *Am I prepared to face challenges?*
- *How can I own my own power?*



SHE WHO EMERGES:

KAMALA

Enlightenment, Mindfulness, Rise Up

KAMALA, SHE WHO EMERGES, is the physical embodiment of the lotus. With her feet sunk firmly into the mud, she rises up clean and pure. From her hands, the lotus blossom tumbles back into the muck where it

will regenerate once again. Kamala's gaze is on the flower held aloft in her hands. In the lesson of mindfulness, we learn to give our complete focus to one thing at a time. Her enlightenment comes when Kamala realizes that, like the lotus in her hand, she too will eventually return to the womb of the earth. Living a thoughtful life takes full engagement of self.

The message of this card is to become present. The future and the past are neither here nor there. Imagine yourself to be a sacred lotus rising from the mud. Know the value of your growth as you emerge into the person you are meant to be.

Worrying about what is to come withers you. Regret over what has been diminishes you. Open to being born into this moment. Follow a deep breath into your body. Feel how the air permeates your being. Enlightenment comes as you become known to this present moment.

- *How do I feel right now?*
- *What is the value to me of being present?*
- *How can I cultivate more mindfulness?*

SHE WHO SEES:

MAKITA

Observe, Perceive, Scrutinize

MAKITA, SHE WHO SEES, views the world with a keen eye. She wears a gold mask, which serves as her other eyes when necessary. There are moments when she will show her true self to the world. There are other times when the mask must be slipped down over her eyes. This protects her from the scrutiny of others while allowing her to inspect what is before her. Her duty is to observe rather than judge. She pays attention to patterns so she can report them as needed. Makita is the Tagalog word for “see” so even her name reminds her of what she must do.

The message of this card is take time to scope things out. This is a moment where you need to get the lay of the land. You may need to distinguish between what is real and what wants to be real. Your inner landscape must be surveyed as well. What can you see when you wait? Take no action now other than examining all the players

and all the facts. Once you understand the game plan of others, you can begin to determine what your next best step might be.

- *What are the patterns I can see?*
- *When has quiet observation benefited me before?*
- *How can I gain a new perspective now?*



SHE WHO WAITS:

MANARA

Patience, Waiting, Determination

MANARA, SHE WHO WAITS, sits in a bower of leaves and flowers. So long did she pause there the very flora has made its home in her hair. Because she knew the value of waiting, the ethereal glowing butterfly finally came to her. She made room for her dream by letting go of all else. What you want, you too can have. However, Manara will not give you the winged gift. The gift she offers is the lesson of patience. Your choice is before you now. Can you commit to the time it may take to get what you so want?

The message of this card is you may face

challenges in going after the thing you want above all others. If it were easy, the actual obtainment would be diminished. Honor the path set in front of you. Be ready to stretch yourself because chasing this illusive desire will not be a walk in the park; more like a hike through exacting and arduous forest trails. This is not a test of physical ability but about your level of determination. You can always say no but keep in mind that you may not get this particular chance again. Stop and evaluate your commitment to your desire.

- *What can I set aside to make room for my dreams?*
- *What do I want the most?*
- *How long am I willing to wait?*



SHE WHO REMAINS:

MANATILI

Powerful, Devotion, True Worth

MANATILI, SHE WHO REMAINS, sits on her crystal throne with her lynx beside her. Her gown shows her connection to the ice dragon. Her truth of self keeps her warm

against the icy stares of naysayers, and her gaze is cool as she surveys her snow-covered kingdom. Many of her subjects have left the wintry wilderness for less austere places. At any time she too could have left her kingdom for other realms, but she is devoted to the ideals her reign represents. Her rule may seem like a lonely one to some, but not to her. She knows how powerful a single person can be. This card's lesson is to stay true to your purpose even when others do not support you. Your true worth is not measured by the number of people who agree with you. People will come and go from your life, but have faith that you have the power to attract those who appreciate your gifts. Remember the lesson of this lady—love yourself first and best. Those who remain by your side will be worthy of your affection. Your true worth is yours alone.

- *How do I feel most powerful right now?*
- *Who supports me and is worthy of my friendship?*
- *What ideals do I need to devote myself to?*

SHE WHO GUIDES:

MAPUTLA

New Path, Guide, Renewal

MAPUTLA, SHE WHO GUIDES, adorns herself in the palest of colors. Her name means 'pale' in Tagalog. Even her hair shimmers in shades of silver, white and gray. Blue ribbons match her eyes, which gaze back at you. On her shoulder perches a small bird, perhaps a long-tailed cousin of the effervescent nuthatch who is known for leading the way headfirst down a tree. Bells dangle from Maputla's shoulder. Bells call us to so many things. She wears them as reminders of the beginning notes of the day. She brings renewal as her gift. If you watch and listen, she may show you a new path to take. Maputla is your guide who leads the way.

The message of this card is to look for a new path. Stop for a moment to consider a course correction. Listen for the sound of the bell in the song of a bird, the laugh of a child or even in the call to worship. Promise yourself you will make time for

renewal. By honoring yourself with space and quiet, you will be able to more easily recognize the guideposts you do need to follow. This moment is not for action. Even the nuthatch must pause for a moment to locate the next tree.

- *In what ways am I open to guidance?*
- *Where am I heading and how do I change that?*
- *What can I do today to give myself space and quiet?*

SHE WHO HESITATES:

MORA

Ponder, Delay, Confidence

MORA, SHE WHO HESITATES, turns back from the open doorway. Even though she can see the sun streaming through, she is not sure it illuminates her own gifts. The violin hidden in the shadows demonstrates how hesitant Mora is, in spite of her talent. She is the young person poised on the edge of her next big step. She delays taking forward motion because of fear and uncertainty. It is fear of the unknown that

so often holds us back. What would you say to Mora, whose name means ‘hesitate,’ to encourage her to follow the bright light?

The lesson of this card is that hesitation holds you back. Look closely at your own shadows to see what fears are standing in your way. Acknowledge these fears and then set them aside. It is now time to summon the courage and confidence to act. Trust in your talent. Step into the spotlight.

- *Why am I hesitating?*
- *What is holding me back from making the most of my talents?*
- *How can I learn to better trust in my own strengths?*



SHE WHO AVENGES:

NEMESIS

Revenge, Outcomes, Justice

NEMESIS, SHE WHO AVENGES, teaches a powerful lesson. Fight poison with poison and both sides will lose. Revenge may seem the best answer, but carefully consider the

outcome. How much of your self are you willing to lose when faced with someone who has set themselves against you? Even if you wear a mask, you cannot hide from your own actions. Nemesis is the inescapable one who exacts retribution from those who would set themselves above the Higher Powers. This Nemesis card serves as a caution when drawn.

Nemesis asks you to check your motives. Does your need for retribution lead you into a place you may not wish to be? If you have already made a bad choice, don't despair. There isn't anyone who can claim to have never made a poor decision. Moving forward, think about the consequences of your choices. Should your need for punishment fall within the legal purview, let those sworn to justice take over. Do not take matters into your own hands. This is a case of calling on justice then stepping back to let the cards fall where they may. Set up firm boundaries to include whatever makes you feel safe. Then let justice prevail.

- *Why am I called to this action?*

- *How important is it?*
- *How will I harm myself by taking revenge?*



SHE WHO THRIVES:

ORCHID

Flourish, Prosper, Blossom

ORCHID, SHE WHO THRIVES, is so sweet butterflies flock to her. Her eyes show off her vibrant nature with the gold irises set off by delicate butterfly wings of purple and brown. Her hair resonates with energy as it sweeps back off her forehead. Nectar glows on her lips. Here is one who radiates goodness and honesty. Her inner glow comes from her ability to blossom. She attracts wealth in all its forms—companionship, shelter, money. She has learned how to live so she is a magnet for advancement. Orchid demonstrates how to live the good life while maintaining her innate humaneness.

This card assures you that success is yours. Expansion energy reverberates all around you. Your job is to take advantage of the coming abundance. These are good times. If you have a current business project, it is

time to strike. Remember, wealth comes in many forms. A new good friend is as valuable as money in the bank. Stay open to the myriad of ways good fortune can arrive. A four-leaf clover should not be overlooked because there's a dollar next to it. You should pick up both while you are at it.

- *What does successfulness look like to me?*
- *What can I accomplish with an unexpected windfall?*
- *How can I view abundance less narrowly?*

SHE WHO RISES UP:

PEARL

Empower, Uplift, Elevate

Like the iridescent gems she weaves into her hair, PEARL, SHE WHO RISES UP, has been shaped by her experiences and has evolved into a being of great strength and beauty. She is who she is because of all her trials and challenges. She wears a badge of honor tattooed on her back. The mythical bird of fire, the Phoenix, circles her back and arms to remind her that rising from the ashes is something she knows how to do. Her focus

is determined. You can see her clear, steady gaze looking at you. She has risen up and is now a beacon ready to help others.

The message of this card is that you have all the power you need to raise yourself up to the next level. Some of that strength may come from others who want to help you. Look to those around you to find the tribe members who want to lift you up rather than press you down. This card represents that clear-eyed friend who only wants the best for you. Elevate your own soul by remembering that empowerment comes from within, but a little boost from a friend never hurts. Fierce and wild, remember the Phoenix when you see Pearl. Rise up to greet any challenge presented to you. You are an elevated soul ready to supercharge your life. This card reminds you to lift your head with pride so you can see the way to your amazing future.

- *How have my experiences shaped and empowered me?*
- *Who is always in my corner?*
- *How can I uplift others?*

SHE WHO ACHES:

PERPETUA

Sadness, Solitude, Silent, Withdraw

PERPETUA, SHE WHO ACHES, epitomizes the silent despair sometimes felt when you are separated from something or someone you love. In her heartache, Perpetua has chosen to withdraw into her garden hushed with snow. In her hands is her journal, where she pours out her pain. Her faithful magpie bears a gift but she doesn't see it. The gold ring in his beak goes unnoticed, as do the sheets of paper she has cast aside. If only she would see the beauty around her, in the quiet trees, in the kindness of a friend, in her ability to create, then Perpetua might break through her own sorrow. She tries to cover her pain in layers of gorgeous fabric, but when she keeps herself from others, she remains in this solitude of sadness.

The message of this card is you may be needlessly mired in your own grief. Pain is inevitable but suffering is optional. Make sure you are doing the work that must be

done so you can escape this wintry garden of frozen tears. While it can be hard, you can rise from your place of detachment. Writing is a good thing, even if it's a letter you write but never send. Consider starting a journal if you haven't already. Free yourself by releasing the words racing through your mind. And do not ignore offers of help and assistance. They may come from unexpected allies, faraway places, or even a close neighbor who's as chatty as a magpie. Your sadness will be alleviated, and you will begin to move forward if you share parts of yourself again. Soon, you'll be able to look back at your footsteps in the snow and see how far you've come.

- *What is the root of this unhappiness?*
- *What have I done to begin to dispel my despair?*
- *What is one more thing I can do to feel better?*

SHE WHO BEGINS:
PRIMAVERA

Launch, Actualize, Potential

PRIMAVERA, SHE WHO BEGINS, celebrates the birth of all things in nature. She welcomes the rising sun as the herald of each new day. Delicate vines echo the fine chain she wears as her crown. Rather than become a part of the vines, she moves into the next moment. Everything she honors has a fresh start. The grapes will be transformed into wine. The butterflies will lay eggs for the next generation of caterpillars. All things in her purview launch something else so Primavera rejoices in the potentials of all things beginning.

This card urges you to get started. Whatever has been on your mind or in your heart, this is the moment to begin. Commit to the journey ahead by facing the dawn. You are being called forth to set the match to the fuse. It's time to light things up and take the next bold step. Spread your wings and put a smile on your face as you greet the next good thing coming into your life.

Like Primavera, open yourself to beginnings. It's time to actualize your potential.

- *What do I want to start?*
- *Am I doing everything I can to actualize my potential?*
- *What new beginnings are happening right now?*



SHE WHO HOPES:

RANAE

Love, Hope, Relationships

RANAE, SHE WHO HOPES, perches on a bridge to get acquainted with the frog below. Even though she's already kissed a few frogs, she's willing to give it one more shot. She does not allow past disappointments to keep her from opening up her heart once again. Her crown shows she knows herself to be a queen already. She has no need to be completed by someone. However, there is room in her world for a partner who will stand beside her to support her and to love her. Ranae believes in the sanctity and power of love.

The message of this card is to never give up hope. Your dreams of love are possible regardless of any history indicating otherwise. When you are able to look back and see how every connection has brought you to this place, you begin to build your own bridge from loneliness to happiness. Always remember you must crown yourself first. For no one else can make you see your own worth if you don't already own it. Believe in love. Believe the lessons of the past were simply to give you opportunities to become the amazing human you are now.

- *What have I learned from past relationships?*
- *What kind of partner will stand beside me?*
- *What am I doing to attract the kind of love I deserve?*

SHE WHO INSTIGATES:

REGINA

Leadership, Provocation, Power

REGINA, SHE WHO INSTIGATES, wants someone to run so she can give chase. Horns sprout from her brow showing her will. She confronts any and all who stand in her way. Her serpent companion coils gently about her neck, ready for the hunt. Here is a woman who has been called a non-cooperator, an agent provocateur, a rabble-rouser. Her go-to methods are instigation and button-pushing. Where some see a troublemaker, others see a necessary firebrand. Even the flowers in her hair are flaming orange, yellow and red. Regina is the one who will spark others to act.

This card urges you to step up to the challenge. Put yourself in the role of the leader instead of follower. Radical ideas need a ringleader. This is your chance to pick up the microphone and galvanize people into making a difference in their world. Be aware of your personal power right now. You have the gift of inciting others to step

out of their own complacent lives. Are you ready to be that person?

- *What causes are important to me?*
- *Where can I donate my time and energy to fight for justice?*
- *How can I encourage others to get involved?*

SHE WHO IS WILD:

SAUVAGE

Untamed, Wild, Mysterious

SAUVAGE, SHE WHO IS WILD, casts a spell to change her into her most untamed self. She is caught up in the whirlwind taking her into the wildness of her inner soul. Cords connect her to the pendulum, one of her tools for exploring her true nature. Her two crow companions flutter by her as they watch the mystery unfold. Sauvage turns from light to dark then back again because she knows the power in being both and neither. Here is the primitive pattern of her authentic self. Her eyes are closed to better hear the voice of the Universe calling her back to her indigenous roots. The only person who can stop Sauvage is herself.

The message of this card is to examine what makes you feel tame and predictable. Now, commit to doing one unexpected act each day. Think of it as random acts of authenticity. Monitor the reactions of those in your inner circle. Some will be your corvid flight mates while others may need to be gently moved further away. Only those who can support you in your arcane fancies need to be maintained. Your best answer to the current situation is to let them know you are a magical, wild thing.

- *Who supports my authenticity?*
- *What unexpected things can I do today?*
- *Where can my magic take me?*



SHE WHO CREATES:

SHIALA

Creativity, Originality, Spontaneity

SHIALA, SHE WHO CREATES, dresses to please herself. Everything she wears is a reflection of her true self. She decorates her face with makeup and greasepaint to show off her inner fool. See the fool dancing upon the tambourine at her side?

Shiala makes her own music too. There is a golden salamander on her shoulder that whispers crazy ideas. She chooses to follow the ones that appeal to her in the moment. She adores the ladybug in her hair and the dragonfly on her skirt. Spontaneity is her middle name, although those who don't understand her call her a risk. Shiala embraces the energy of making things shine in her own unique ways.

This card is a call to be original and a reminder that following others and doing what others think you should do is simply not for you. You are being challenged to do something beyond the ordinary. Examine your world. Look for your own salamander and dragonfly guides to hint at where you need to be. The energy here is movement and change but in original ways. Don't create another painting of a rose. Paint the thorns instead. Stretch your mind. Creativity isn't only paintbrush and canvas. It's cooking, crafting, writing, singing and even teaching. Where will your originality shine?

- *What rut do I need to get out of?*

- *How can I shake things up in fun, creative ways?*
- *Who is the most spontaneous person I know?*



SHE WHO IS PRESENT:

TERAZ

Now, Awareness, Acceptance

TERAZ, SHE WHO IS PRESENT, stands strong during a blizzard. Her hair sweeps up to entangle with the fingers of the wind. Rather than complain about the storm, she simply allows her senses to be aware and accepts what is. This is a time of quiet solitude. In her hair, she harbors both butterfly and vine from the harsh reality of the snow. The vine, the insect and the woman all find beauty in the present moment. Teraz, whose name means ‘now’ in Polish, values when and where she is.

This card is asking you to honor the things that are happening now—good, bad and indifferent. Acknowledge this instant of time fully. Do not avoid the present moment by dreaming of the future or

revisiting the past. It might be a good time to engage in physical activity to focus your awareness in the here and now. Your best hope for this situation is to face it head on. This is not a time to play ostrich. Facing this moment with acceptance will carry you into the next.

- *Am I doing everything I can to stay present in this moment?*
- *How can I focus myself more effectively?*
- *What happens when I accept things the way they are?*

SHE WHO STANDS:

VALENCIA

Resolute, Implacable, Determined

VALENCIA, SHE WHO STANDS, embodies the spirit of resoluteness. Her hair is tied back, revealing the determination in her face. Her bloodied sword rests in her hands. She is not holding it to defend herself. Instead, she clutches it to support herself after a hard-won fight. Part of her would like to run. But the stronger part insists she hold her

ground. The fierce, tusked skull on her right shoulder reminds her it is wiser to fortify her position. For now, Valencia holds her place. Those who would call her implacable would not be wrong.

The message of this card is to stand your ground. The thing you've been working so hard to obtain will be in your possession soon. Do not give in to the urge to give up. Let this card serve as a reminder of your own resolution. Acknowledge where you've been. Look at where you are now. Tie your hair back. Roll up your sleeves. Now you must prove you have earned this spot. You will not be put aside easily. This moment will determine your own strength of will. Do not waver. Look them in the eye. Hold their gaze. Show them your implacable stance.

- *How do I underestimate myself?*
- *How can I best fortify my current position?*
- *In what ways am I resolute?*

SHE WHO FLIES:

VOLARIS

Dare, Do, Reach

VOLARIS, SHE WHO FLIES, locks eyes with you and you know they are the windows to your soul. What do your eyes tell you when you peer into a mirror? Our lovely wild woman holds you in her gaze, challenging you to ponder what your own animal self might answer. She is the feminine spirit of Icarus, who dared to fly so close to the sun. The bird skull represents the thought of going too high. It serves as a reminder of what can happen. But the feathers point out the wild soul's call to fly.

The message of this card is don't hide from your dreams, seeker. Do give into crazy flights of fancy. Spread your wings as wide as you dare. But also listen to the advice of those who may have also dreamed, also flown and survived the fall. Remember, many great things have come about because of those who dreamed but failed. Your failures propel you forward toward your successes. Now launch yourself, dreamer.

Spread your big, wonderful heart so your soul can take flight. Don't fear the fall. Embrace the flight.

- *What is my loftiest dream?*
- *What is the worst thing that could happen if I went after my dream?*
- *What is the best thing that could happen if I went after my dream?*



SHE WHO KNOWS:

YELENA

Wisdom, Clarity, Resolution

YELENA, SHE WHO KNOWS, has a thoughtful gaze that allows her to see each of us for who we really are. One of her gifts is the ability to clarify things. She cuts to the heart of the matter using wisdom and insight in tandem. Rather than limiting herself to only intellectual or only emotional clues, Yelena processes all information through both her heart and her head. Her ability to know things may seem uncanny to most, but she is merely using her natural abilities. For her, it's exercising more than one muscle at a time.

This card invites you to revisit a recent worry. Let your heart have reign, then engage your mind as well. Set both to working on the problem. When you use a multi-layered approach to issues, you may find an out-of-the-box solution. Balance is the key when this card shows up. Look directly into the heart of the matter then move up to the head. Once you unearth the emotional and intellectual why of this question, you will be able to clearly see the way to resolving it completely. Often the resolution presents itself in an unorthodox way, so pay attention to all the things coming your way. Be open to the answer.

- *What emotional clues should I be paying attention to?*
- *What are the intellectual clues telling me?*
- *How can I open myself up to seeing all the facts?*

SHE WHO PREPARES:

ZENITH

Formulate, Strategize, Devise

ZENITH, SHE WHO PREPARES, has donned her armor but she still wears her cloak. She is not ready to launch into battle. For now, her goal is to seek the best path possible for her. Preparation must take precedence at this time. War seems to be inevitable to her as she gazes out. Marked as a leader by her headdress, she must also prove her qualities as a strategist and planner. Some may think she is made of stone, implacable, immovable, but they make a grave mistake. Zenith simply waits for the best time to make her move. Her headdress crowns her with the ability to see things clearly in black and white, while her heart is wrapped in passion and fire.

The message of this card is to lay plans for what you want. Getting your projects, schemes and dreams down on paper will serve you well. With proper preparation, decisions will emerge from the black and white areas, revealing themselves as a clear

yes or no. Do not let anyone rush you into anything right now—particularly yourself. Devote some time to formulating a framework for what you want to accomplish. Fill in the blanks with steps and to-do lists. Then do them. It is never a bad idea to include others in your strategizing sessions. Execution of your plans will be enriched by more than one input.

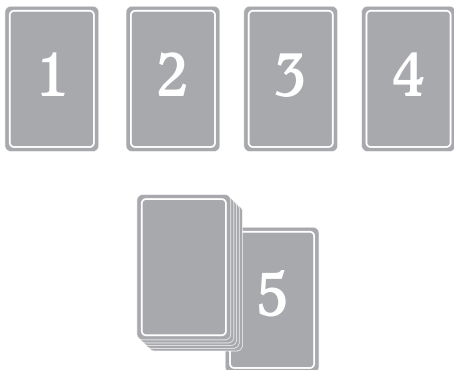
- *What strategies have worked for me in the past?*
- *Have I made all necessary preparations for my endeavor?*
- *How can I lay plans now for my future self?*



Card Spreads

Exploring Self Spread

Exploration of self can be daunting, like facing the gaping mouth of a big dark cave. Still, there are those among us who revel in this descent into self. Here is a spread designed to help you find out more about yourself. Shuffle the cards in any manner that speaks to you. Then, cut them at least once. Lay out four cards from the top in a straight line. The fifth card is pulled from the bottom of the deck. You will read them from left to right.



CARD ONE: *What is a strength I have that I don't use enough?*

CARD TWO: *What is a weakness I have that may be undermining me?*

CARD THREE: *Who represents my inner self?*

CARD FOUR: *Who represents my outer self?*

CARD FIVE (bottom of the deck): *Who do I need to become to be my best self?*



The Messengers Spread

We often ask the cards to bring us messages. Let this three-card spread offer the wisdom of **Elle Qui: She Who**. Each card will serve as messengers:

One from your heart, your emotional self

One from your soul, your spiritual self

One from your body, your physical self

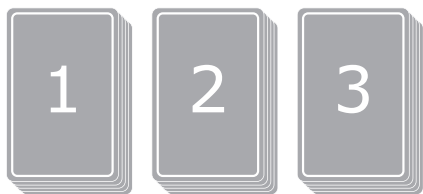
First, write down your question in your journal. This will help you track your messages.

Since the purpose of this reading is to give you ways to resolve your issue, it's best to use an open-ended question rather than a yes/no question. Focus on that question for a few minutes while you breathe and relax. Let your mind open up to your own Higher Power.

Shuffle the cards for a few moments. Continue to think about your question. You may even say it out loud as you mix the cards. When you feel ready, lay the cards down in front of you. Separate the deck into three piles. (Cards need not be

evenly divided.) As you look at the piles, continue to hold your question in your mind.

Turn over the top card on the pile to your left.



1. She Who Brings the Heart's Answer

Your heart is that part of you that operates from a purely emotional place. Ask yourself what your emotional involvement is. Dig into questions that involve how you feel. This card is your guide for how to use your heart. As your heart messenger, this card carries information on how to approach your question by using your emotional self.

Turn over the top card on the middle pile.

2. She Who Brings the Soul's Response

Your soul is your Higher Self. It is that sacred part of you connected to that which is Divine. Reflect on what is truly sacred to you. What are the lines that can and cannot be crossed? Where are you on your spiritual journey? Your spirit messenger gives you tools to apply to the question at hand.

Turn over the top card on the right pile.

3. She Who Brings You Actions to Take

We must remember to make the sacred real by bringing our emotional and spiritual selves into the here and now. This card is the messenger of your Physical Self. This message brings you actions and steps to take. Here is how to bring a physical, real-time answer to your question. You are being given a to-do list to resolve your question.



Card Spread Notes

Question _____

Card 1 _____

Card 2 _____

Card 3 _____

Question _____

Card 1 _____

Card 2 _____

Card 3 _____

Question _____

Card 1 _____

Card 2 _____

Card 3 _____

About the Artist

Mélanie Delon is a freelance illustrator who lives near Paris. Her art has graced book covers, video games and more. Drawing has always been a huge part of her life. When she discovered digital illustration she found her own creative freedom. The worlds she creates through her art are based in fantasy, her favorite subject. Yet she always adds a touch of classicism and romanticism. She finds mixing the styles brings more realism to her paintings. Mélanie offers tutorials and more on her website: www.melaniedelon.com

About the Author

Arwen Lynch-Poe has been playing with the Tarot since 1981. She is a professional Tarot consultant and teacher whose approach combines astrology, numerology and intuition. Arwen is the publisher of *The Cartomancer* magazine. She is a writer of both fiction and non-fiction. She is the author of *Mapping the Hero's Journey: 33 Days To Finish Your Book*. Arwen's U.S. Games Systems decks include *Fairy Tale Lenormand*, *Secrets of the Mystic Grove*, *Practical Wisdom Tarot*, and *Bianco Nero Tarot* (co-author). She explores art through words, letting the images speak to her as they will. When she is not writing, she can be found on YouTube doing video reviews and teaching videos. Her motto is "Seek joy, y'all." You can find her on her website: www.tarotbyarwen.com or www.thecartomancer.com

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