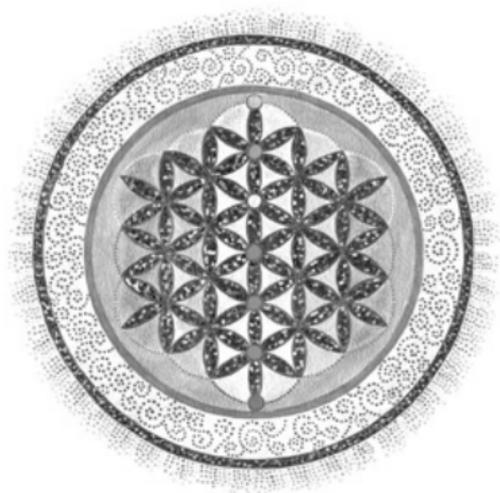


# MOTHER EARTH

❖ Mandala Oracle ❖



by Fanny Menardi

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10 9 8 7 6 5 4 3 2 1

Made in China



Published by  
U.S. GAMES SYSTEMS, INC.  
179 Ludlow Street  
Stamford, CT 06902 USA  
[www.usgamesinc.com](http://www.usgamesinc.com)

*“Mandala is a Sanskrit word for “circle,” but a circle that is coordinated or symbolically designed so that it has the meaning of a cosmic order. When composing mandalas, you are trying to coordinate your personal circle with the universal circle. In a very elaborate Buddhist mandala, for example, you have the deity in the center as the power source, the illumination source. The peripheral images would be manifestations or aspects of the deity’s radiance.”*

–Joseph Campbell, *The Power of Myth*

# Introduction

*Let the shaman within you wake up  
and guide you through the Art of Life.*

This inspirational oracle was created to empower each individual in their spiritual journey through the magic of art and mandalas. All 44 artworks and cards are energetic tools for self-development and bring messages of guidance, advice and inspiration. They help you visualize on specific matters of life in order to realize how simple it is to “channel” and connect to all living energies in the Universe.

Shamanism is the art of opening doors between worlds through consciousness and a deep connection with nature, the elements, the Earth, the Universe and all energies coming from the source

of Creation. This source lives within each one of us. We all have the power to recognize the channel of light that we are and use it to bring more understanding and harmony into the world. The shaman is the one who listens to the voice of the heart and notices the signs, even in the middle of the urban jungle. The secret is the absolute confidence that we are guided at all times and that everything we encounter in our journey is a synchronicity, a sign on our road map to keep going on our path. These cards are one of these signs. They are created with the specific intention of bringing healing and harmony into your life. They are energetic tools delivering an inspirational, self-empowering message directly connected to your soul. Each artwork is inspired by Mother Nature’s wonders, worldwide cultural symbols or sacred geometry patterns and carry a powerful vibration. They are a channel between you and the inner truth that connects all living things.

# The Channel

Each artwork is made with a paintbrush and acrylic paint droplets. Dotillism is a very inspiring technique, a meditative approach that teaches patience and symbolizes the reality we live in. The material world at its most microscopic level is composed of countless particles that never touch each other. In the same way, the dots can only reveal their pattern when seen from a larger scale. When I paint instinctively, sometimes the message comes first and inspires the spirit and colors of the artwork, and sometimes the message unveils itself after each step of progress. In order for you to connect to this intuitive guidance, take your time to observe the card first and see what feeling and interpretation it awakens within you. Then, read the message. Ask yourself how it reflects a part of your life and how you could use it to change

things positively. During the day, pay attention to the synchronicities you encounter that bring you back to that message. You will come to realize how loved and guided you are as you find the answers you need on your journey of light.

# How to Use the Mother Earth Mandala Oracle

This oracle can be used in as many ways as your imagination can take you. You are welcome to pick a card and discover its message if it's calling you or if it jumps off the deck to attract your attention. You can also spread the deck face down and draw a card after setting your intention or posing a question. It can be as simple as "What is my message for today?" or you can consciously connect to certain experiences or timelines, for example by picking a card for the past, one for the present, and one for the future. You can ask "What do I need to heal this situation?" or ask for more precision and draw another card but, remember, your intuition shall always be your primary guide. When you feel especially attracted to a card, keep it near you for as long as you need. It will surround you

with its specific message and healing energy. This shamanic oracle can bring you answers, confirmations, inspiration, uplifting energies, life changes, positive guidance, advice or visualizations to boost your confidence and imagination system.

# The Mandalas

## 1. Aurora

The Flower of Life is one of the most important and sacred symbols in the Universe. It is said to contain the patterns of creation of every living creature. By reading this card, you are invited to remember that you have a mission here on Earth: to be you. Be true to yourself and follow your heart at all times. Be an artist of life, create things you like and spread your own light. You will shine so much that you will inspire others in their own path and way of life. If you keep this magic card near you, Aurora's vibrant colors and energy will work on your third eye chakra to help you see clearly and reconnect with the purpose of your incarnation.

## 2. Oudjat

The Eye of Horus, also known as Oudjat, is a powerful Ancient Egyptian symbol of intuition and protection. Ancient Egyptian civilization based their knowledge and traditions, their understanding of the body and life, and their conception of space, time, and the divine, according to their observations of the cosmos and nature. Their vision established strong interconnections between astrology, science, medicine, mathematics, architecture, literature, music, and geometry, only to remind us that separation is just an illusion. This mandala is a calling from your soul, encouraging you to observe your senses and perceptions. You can access the information engraved in the deepest of your cells to guide and heal yourself. You are never alone, so trust the eye that sees it all.

### 3. Chakana

The Chakana, also called the Inca Cross, is one of the most respected symbols of the Incan culture. It represents the different levels of life and the access towards the cosmic consciousness. The shamans used the center hole to transit in between worlds. You can use this mystical tool to develop your connection to the ascending levels of existence and cross the doors that only you are the key to open. Visualize the chakana turning around the central circle to activate this cosmic gate and let the shaman within you travel through. Your open mind can lead you to a world of unlimited possibilities. Can you perceive what is awaiting you?

### 4. Transition

Do you find it difficult to let go of the past? The Transition card carries the energy of three fire letters and two master symbols of realization and reunification to help you find balance between your past, present and future. These subliminal patterns represent the road to yourself, the goals you have ideally chosen for your life and the path that you actually take. No matter the detours or choices you make, your actions will always lead you back to this very first intention, the purpose of your incarnation. So, clear the baggage of the past and don't worry about the future. Now is the time you are writing your story. The one that did not exist yesterday and that will be, hopefully, tomorrow's best memory.

## 5. Flower of Life

Did you know that the Flower of Life is a very frequently used pattern in radionics? This alternative kind of medicine establishes that symbols naturally emit energy waves (or frequencies) that are able to influence our environment and ourselves. This mandala was created to bring balance and harmony into all aspects of your life. Keep this card in a place that you appreciate so you can meditate around it today. Conceptualize your seven energy centers as seven natural pools along a river. Some of them are pure and clear, while others may be cluttered. As the water flows, everything clears up and life can flow. This short practice of chakra balancing is one of many to empower yourself and reprogram your cells daily with fresh colors and energy.

## 6. Flower of the Wind

There is a fresh wind outside singing a song for you. If you can find a moment of peace and silence, you'll be able to hear its whispered message of love and pride. The wind is proud to carry your beautiful soul from one adventure to the next. Today, remember that you are loved and supported in every circumstance. Through the power of your intention, determine clearly the direction you want for your life. Define your goals and priorities. Then, imagine yourself as light as a flower flying in the air and see where the wind takes you. Just open your eyes and follow the signs.

## 7. Patchwork

Every piece of this patchwork is made of different patterns and color combinations in order to remind us that we do not need to all be going in the same direction to be connected. Can you picture how subjective truth can be when we all live in the very same world, in different realities? Each point of this painting is a soul, each shape is a group, and despite their differences they are one. All are working together for the same purpose: to create a balancing energy and to spread it around a map of unity. Differences are to the world what shades are to color; an opportunity to highlight each other's vibrance, beauty and authenticity. We are ONE.

## 8. Nautical Star

The Nautical Star is the light guiding you through the dark and reviving the pure essence of the ocean within your heart and soul. The golden spiral releases all the stagnant energies to carry you in the transcended dance of life. Just like clear water, your entire being becomes translucent and free when you feel its energy. When you think you are lost, visualize the Nautical Star guiding you towards your realization. Know that what you are destined for will always find a way to reach you. The awareness that you are connected to the Universe at all times will lead you to a life full of wonders and synchronicities. Believe in the magic of the stars and use it to live your dreams, not dream your life.

## 9. Abyss

The central piece of this mandala carries a master symbol of resurrection bringing you the strength you need to dive within the abyss of your heart and let the true you come through. Exploring the infinitely small will help you understand the much bigger picture and give you access to your higher self. In the tiniest of your cells, you will find memories from your life, from your ancestors' lives, and even from your own past lives. This is a lot of weight to carry. This card is an opportunity to write a new page and drop your luggage at the bottom of the ocean. Your rebirth will be witnessed by the sky and the Earth. Now, what will you do to make it work?

## 10. Flower of the Soul

This mandala has been created with the energy and colors of seven crystals related to your seven chakras. It acts as a gateway to access and manifest the deepest of your soul's requests. Becoming more aware of your energy centers can help you align your life and choices to your inner truth and peace. Color therapy is an excellent way to nourish your chakras very simply. Place your focus on a certain area of your body or aspect of your life and find its related chakra color. At that point, you can start working with their healing properties consciously by wearing color-themed clothes, eating color-themed foods or through visualization. The only limit is your imagination.

## 11. 11:11

There is no such thing as a coincidence in your life. You are experiencing a synchronicity if your path aligns with someone, with a thought, a situation, a song, a number sequence...any sign you can think of, at a time that seems too perfect to be real. Synchronicities are an energetical reaction created by the law of attraction in accordance with your own state of consciousness. Believe in magic and trust your imagination. Your power of creation is unlimited. Use it with positivity and free yourself from expectations. It will help you step towards the levels of reality that align with your deepest wishes and materialize them in your life.

## 12. Guiding Star

There is a precious star shining in the sky for you. Since you were born, it's been guiding you, protecting you, whispering in your ear that you are safe at all times because the stars are with you. The stars, the Universe, God, Mother Nature... whichever empowers you with faith, remember that the channel towards miracles and magic starts within the light of your own soul and heart. There are so many ideas, guidance and opportunities flowing everywhere in the cosmos! Your conscious or unconscious intentions, decisions and actions then determine which ones you eventually attract and catch in order to create your own, very special path.

### 13. Home

Wherever you are in the world, you might sometimes think that you could be happier if things were different, if you were some place else. Well, why not figure it out for yourself? If you are in need of adventures, make them happen before your mind reminds you how serious life should be. Take the first step and don't worry about the rest. Travel the world, explore your dreams and create your most beautiful memories. Let the places of everyday become treasures from faraway. Getting out of your comfort zone will offer you new eyes and create space for wonders and surprise. Along the way, you might even find out that home isn't just about a place. Home is where the heart is filled with love.

### 14. New World

This card is a symbolic map of Mother Earth's journey providing a message of hope for humanity. Place your focus on the central Earth and travel along the spiral. The golden Hebraic letter Lamed represents the starting point of the new world, the time we live in now. A time when people stop following the pre-established pattern of society to embrace their own flow of life and create the world they wish to live in. Do what you love and be confident that each of your actions is important and influences your environment. Your thoughts, your ideas, your accomplishments, your passions... there is only one like you and this is why the world needs you.

## 15. Halo

The moon has come to you today because there is something you need to say. You have the choice to express your feelings or bury them deep inside. Your body will remind you later that energy transforms, but never fades out. Now is a good time to clear your body and your mind to make room for more light. Toxins and stress easily convert into sickness when repressed emotions and unspoken words accumulate. So listen to your body. Take some rest when you need, drink fluids and let go of dramatic thoughts. Express the ideas that uplift you and let them lead you to a place of love, peace and health.

## 16. Hibiscus

The hibiscus, along with being an amazingly beautiful flower, has incredible cleansing properties. If you just picked this card or are attracted to it, you probably should consider offering a good detox to your body and life. Start by focusing on the thoughts, foods, habits and people who make you feel good, happy and healthy. Drink herbal infusions to flush the accumulated parts of you that you no longer need physically, but also mentally and materially. You need renewal! Throw away all the useless stuff. This fresh start will empower your entire being to welcome health and wealth more naturally, and overcome the obstacles more easily.

## 17. Parallel Worlds

Have you ever wondered what your life would be if you had made different choices at some point? If you had taken other directions, where would you be? How different would your life be? What about your favorite people and environment? Each of our decisions create the life we know now but what if... what if there was one or many other “yous” in a parallel world creating a different life, led by other choices and priorities? Dive into this mandala to unlock the doors between these parallel worlds. Use your unlimited imagination to explore these other lives and connect with your most secret fantasies, dreams and abilities.

## 18. Golden Soul

Golden Soul is a celebration of your body and life directly connected to your solar plexus, a place where all your potential for action is born. Do what you love, following the dance of life and let your brightest light shine inside and out. If you feel like you are not reaching your goals as fast as you wish, try looking at things from a different angle. A shift in mindset can lead to new directions and opportunities. Change your vision without expectation and recognize that your situation is a gift to access a new part of you: the one that is awaiting to meet you.

## 19. Seed of Life

The seed of life is an incredible symbol of creation, a powerful harmonizing tool to reconnect with your sacred feminine energy. Relax, breathe, and visualize this vibrant talisman bringing healing and fertility into your body. This ray of light initiates in your belly and shines through your solar plexus, then your heart, and is spread out among all the creative parts of your body. Now is a great time to bring your ideas to life. Take the first step—plant the seeds—and have faith in the rest. You have the power within you to make your dreams come true. You are magic!

## 20. Talisman

This very energetic mandala is a talisman connected to your sacral and crown chakras. These two energetic centers are profound and important gateways as they are doors to spiritual peace and physical love. Just like fireworks, your emotions are explosive and colorful. They might be delicate to handle sometimes, but are definitely meant to be expressed. Make of each day an opportunity to bring love, peace and compassion to the world in your very special way. You might not always receive from where you give, but be assured that these precious treasures will echo back to you and surround your beloved home and family.

## 21. House of Colors

Do you ever feel like you live in between two worlds? In one of them, you are trying to be the best version of you with all the stress and frustration that comes along: “I could be a better parent, a more friendly person, why do I have these crazy feelings?” The list of one’s twists can be long. Fortunately, you can travel at any time to another world where all these worries fade out. It is a world of colors. A world where you are able to see the bigger picture and understand that each effort, challenge and achievement is part of the universal plan. A world where all you ever wish for can happen by magic, if you decide to go for it. Now, you have the choice to see the world in black and white, or just to bring your own colors and light.

## 22. Moods

Being spiritual does not mean to always be (or pretend to be) happy. Sometimes you are angry, sometimes you are full of joy, excitement, sadness, empathy, fear, resentment, courage...this is what makes you human. It is healthy to recognize and accept this wide range of emotions in order to know yourself better, identify your weaknesses and your strengths with humility, and fill them up with the light of your heart. Look at yourself in the mirror and know that you are perfect in your imperfections, as long as your actions are led by the most powerful energy in the Universe: LOVE.

## 23. Exploration

Can you remember, from this life or another, the feeling of pride and excitement when discovering new lands, ways of life and cultures? What about this mysterious *déjà-vu* when you see a place for the first time? Isn't it intriguing and inspiring? All these wonderful feelings are keys to opening your channel of intuition and connecting to your higher consciousness. Stepping outside your comfort zone always opens up new opportunities, because when you free yourself from your own limitations, fears and expectations, you reveal your most secret potentials. Show the world your passions and it will reveal its wonders. Nurture your soul with adventures and travel... as far as your dreams take you!

## 24. Fruit of Life

The Fruit of Life is a portal to a higher dimension through a conscious evolution. This card has appeared to help you embrace life to the fullest while growing projects and consciousness. Step away from the collective mind and beliefs that the journey needs to be painful for the lessons to be learned. If it's meant to be, things should go smoothly. Just like a ripening fruit, you are naturally programmed to become the best version of you. By bringing your ideas to fruition with joy and fun, you will open up the path of a fulfilling existence. Obstacles don't necessarily mean you are going the wrong direction. They often are a gift to make you grow and draw upon your hidden resources in order to reaffirm your vision and determination.

## 25. The Sun and the Moon

The Sun and the Moon represent the unconditional yet challenged love between the masculine and feminine energies. By natural laws, the Sun can never cross the Moon's path to truly embrace her, as they both shine above the two kingdoms of Day and Night. But, somehow, the Universe has made their union possible and, once in a while, the entire world can witness their mystical rendezvous in the sky. This card brings you hope and the clear message that every love is possible if you believe in it. Oceans, lands, skies or other dimensions... love has no boundaries but the ones of your heart and imagination.

## 26. Mystery

Symbols have been used since written languages were born. All over the world, ancient civilizations have used symbols as energetic tools or gateways to understand the Universe and connect spiritually with certain beliefs. This particular symbol is a crop circle found in England in 2018. Its origin and meaning are officially unknown. This piece of artwork called "Mystery" is inviting you to entrust your intuition to understand and translate the symbols you encounter everyday. Whether they come from a different culture, country or galaxy, you can connect with their original energy by being attentive to the feelings they arise within you, or "reprogram" them with your power of intention to raise vibrations around you.

## 27. Butterfly

In many cultures, the butterfly symbolizes the relation to other worlds and a time of transformation. This butterfly encourages you to use your hands to create art in any way. They are your wings towards a wonderful journey and your tool to spread the energy from your heart to the world. Healing, painting, decorating, cooking, drawing, writing, sculpting...there are endless possibilities for you to get in touch with creativity. Deploy your wings and channel in your very special way the messages from your inner nature. Follow your intuition and listen to your imagination. It's time to fly, butterfly!

## 28. Fifty Shades of Quartz

Did you know that you have, within you, all the resources to heal yourself and others? The Triskelion is a Celtic symbol representing the three levels of consciousness in the physical, astral and spiritual worlds. In order to help you bring more balance among them, this mandala carries the calming colors of pink quartz and the healing properties of a deep purple labradorite. You can intentionally work with their energy by visualizing the spirals activating and initiating a powerful energy flow around you. This harmonizing cleansing will release the old, stagnant vibes in order to welcome fresh inspiration and realizations.

## 29. Flower of the Self

Life might not have always been easy, but this is what has helped you build your strengths and priorities all along the journey. Look at everything you've accomplished with gratitude. Honor your life and body every day with positive thoughts, healthy food, kind words or pretty clothes. Anything that makes you feel proud, comfortable and happy is the key to your own beauty. As you learn to love yourself, you will meet your destiny. Everything is within you. Have confidence in your ideas, in your dreams, in yourself. You don't need to question them: they are the mirror of your own unique potential. So keep calm and glow on.

## 30. Om

This card is a window towards a place of unconditional peace and wisdom where you are conscious that every experience has a meaning for your evolution. You probably don't suspect it just yet, but once you have the whole picture of your life in front of you, you will know that every adventure was worth living. When you have a doubt, repeat this powerful, very simple mantra: "Everything happens for a reason. Everything is going to be all right." Channeling is the awareness that we continuously receive messages and energy from the universal consciousness through our experiences and body. Open your eyes truly and pay attention to the signs. Let the shaman within wake up and guide you through the Art of Life.

### 31. Mother of Pearls

As you breathe, the wind listens and replies

Following the dance of your  
soul and the beat of your heart.

As you move, the stars  
bring the light to your path,

Making sure that your life is full  
of dreams that arise.

As you smile, all you need is  
the peace of this sight,

Simple and light like the pearls in your eyes.

As you bloom, you reveal  
your beauty in a pure symphony,

Spreading to the world the flower of life's energy.

### 32. Chic

You are allowed to love beautiful things and live an abundant life. If you have a specific ambition, suggest it to yourself as a “memory from the future,” the very same way you would spontaneously visualize a memory from the past. It will help your mind define it as “already happening on another timeline.” Doing so gives you a confident approach to the future in order to manifest what your heart longs for. Step away from reductive thoughts on how or where it will happen and open your mind to embrace synchronicities. Once it is set in your mind, you are halfway there. Then, once the opportunity appears in front of you, don't forget to go and get it!

### 33. Indian Sunrise

Some days, life makes you want to run away, perhaps to the other side of the world, where no one can judge or hurt you. To find this place of peace, face and accept your success as well as your mistakes as parts of the magnificent Oneness. These delicate times are precious gateways to this unique place: your inner faith. Only from there can you fully recognize and honor the colors rising right in front of you. This mandala is an encouragement to reach for the panoramic view. Focus on the good things that bring joy. Each day is a new chance to do what is right and manifest the best version of you...a story of graceful endings and magical beginnings.

### 34. Oasis

The study of visible sound, also called cymatics, has revealed that sound has a direct impact on matter. Experiments on sand or water show how different geometric patterns are created and shift under different tones and frequencies. Other studies have shown the same kind of geometric patterns in tears. Tears of sadness, tears of joy, all our thoughts and feelings are scientifically proven to leave a physical print on our body. This is why it is so important to be kind to one another and use words with caution. Each of your actions produces an echoing sound, a resonating vibration impacting yourself and others. Create a melody to shape the world altogether.

### 35. Amazon

This vibrant mandala carries the voice of freedom of the Amazons. Wherever you are, do not let anyone define or shape who you are, except your own heart. Believe in yourself just enough to be authentic and show your true colors. Your freedom, dreams and potentials are your gifts to Earth and humanity as a warrior of light. It is not necessarily about starting a revolution, but most likely about living in harmony with your deepest aspirations. We are all a unique piece of the puzzle in the giant picture of life, so let the colors mix and match...even if sometimes they splash.

### 36. Sunset

Is there anything more poetic and inspiring than a perfect sunset? An instant of magical reflections and colors over the mountain, the jungle or the ocean makes you remember that you and Mother Nature are and always have been one. This little gift of life...you could be enjoying tonight! Just like a flower, you need sunlight to bloom and reveal your beauty. Find an uplifting place to watch the sunset and enjoy this free refill of vitamin D. It will give you the energy to make important decisions and align your actions with your ambitions. If you don't know where to start, just follow the light. Your inner light.

### 37. Tree of Life

The Tree of Life seems to be a miracle of nature, an unexpected life thriving where nothing else does, in the middle of the desert. If you believe something is impossible, the Tree of Life is here to remind you that there is no limit to creation but your determination. Now is a great time for new beginnings or projects. Before you start, take the time to get grounded to our beautiful Earth. Go for a walk or just sit in the midst of natural scenery. Appreciate what Mother Nature is offering you. Visualize yourself as a tree that can only grow towards the Universe while expanding its roots deep on Earth. When you feel comfortable, express a sincere intention for your ambitions to grow upon organic and strong foundations, while honoring the wheel of time and the cycles of seasons.

### 38. Sacred Temple

The world is a reflection of our mind. We see life through our own personal lenses: education, beliefs, languages, culture, ideas, travels, and experiences. Those lenses are gifts that shape us, but they may also mean limitations for our evolution. We often seek answers, comfort and faith in the external sources we have encountered, but how could we be aware of what we have never even heard of? How could we understand what we have never seen or experienced? Just for today, choose to place your faith within yourself, cherish and honor your inner temple. It is a place of intuition, self-confidence and creation. They are your most precious treasures to discover the wonders of the Earth and the magic of the Universe.

### 39. Blooming Earth

Two powerful goddesses, Kuan Yin and Gaia (also called Pacha Mama), have brought their energies together to inspire this mandala. It has been created with the intention of bringing protection and harmony into your home and life. Like a protective mother, your heart thrives with compassion for the beings of this world and your soul longs for peace. This natural tranquility can get disturbed and bring frustration when you feel powerless before an event or a situation. As much as you want to make the world happy, you just can't save everybody. So, let it be. Don't put too much pressure on yourself and use your empathy as an asset to raise compassion and spread harmony.

### 40. Inti

Inti, which means “Sun” in Quechua, is one of the most important gods in the Incan civilization. Master of time, days and seasons, Inti is a source of unlimited light and creation. Dive into the colors of this mandala to connect with Inti's powerful vibration and let it fill your solar plexus. You will open a gateway between yourself and the Universe, increasing the frequency of the Earth. Breathe. Use this empowering energy to break through the shell and inspire strength and respect around you. Remember that every challenge is an opportunity for you to explore new solutions and become the master creator of a bright, meaningful journey. It is time to rise and shine.

## 41. Golden Spiral

The Golden Spiral is a very energetic symbol that has been used in many cultures to represent our infinite power of creation and the expansion of consciousness. If you think of life as a spiritual journey, imagine your path as an expanding spiral. When you think you have fully learned and mastered the important lessons, it can get frustrating to encounter the same experiences and challenges, again and again. Yet it is part of the learning process. The shape of evolution. It does not mean you are back at the starting line; you are simply growing and learning to dance with the flow of life, spreading colors and light like a vibrant piece of art.

## 42. Moon Candy

This mandala was created during the Indian celebration of Navaratri. The sacred feminine energy coming through this triple moon symbol is very present around you, bringing a little bit of chaos among the order. But do not doubt its healing power, it's all about knowing yourself better. Encountering new challenges will help you redefine priorities and connect with your deepest strengths. Just like the ocean tides, the cycles of the moon influence your emotions in ways you can hardly imagine. Take the time to step back and recognize what really comes from you, and what simply is channeled through you in synchrony with the current waves of energy.

### 43. Bewitched

The witch is often seen as a villainous character in the theater of life. She represents what society fears most: unconventional ways to live and heal. She brings answers from unknown worlds that remain a mystery for many. She not only uses her broom to fly, but it is also a symbolic channel of energy to send her requests to the Universe and receive as much as her confidence can shimmer. Be inspired by this character as you too can connect to any level of reality. Open your channels and “order” what you need wisely. Be aware of the images or signs you receive in the physical or spiritual plan. Everything you encounter is the manifestation of your own conscious or unconscious intentions.

### 44. Gratitude

Gratitude is the first step towards abundance and awareness of the true gifts of life. Every day, feel grateful for the priceless memories and people enlightening your journey. Feel thankful for the dreams coming true, and for the ones that fell through. Feel lucky to be alive and healthy: you are a giant soul in a tiny body. It does not always make life easy, yet reminding ourselves of what really counts is one of the keys to accessing consciousness, accepting and seeing the beauty in all mysteries. The more you send this fulfilling energy to the Universe, the more you will receive reasons to be grateful. Not just because this tiny card said so... but because it is the law: the law of attraction.

## About Fanny Menardi



Passionate about art, nature and foreign cultures, Fanny has worked all around the world as a languages teacher and cultural coordinator, following the little voice within her whispering to

live an exciting journey. In her adventures, she has not only discovered wonderful and inspiring landscapes. She has also experienced the magic outside her comfort zone and the power of a positive mindset and confidence when it comes to making dreams come true. When she settled in the United States, she started exploring the colorful path of painting and fell in love with dotillism, a meditative approach encouraging her to look at things from a higher standpoint.

Her art is a celebration of all the sacred places and beauty she witnessed from Mother Earth's wonders, what the Incas called "Pacha Mama." Analyzing her own creative process and its positive impact allowed her to go deeper into using the language of art as a powerful healing tool to share in order to develop our imagination, creativity, intuition and spirituality. A magic "artventure" to nurture the eyes and the soul. She wishes to inspire others to fulfill their dreams and realize that we are always guided and helped by a higher realm. You can find Fanny's original artworks on her online website and gallery: [www.PachaMamArt.org](http://www.PachaMamArt.org)

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