

Reiki Oracle

GUIDEBOOK

BROUGHT TO YOU BY:

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INTRODUCTION

About Reiki

The *Reiki Oracle Cards* and this book are based on the energy healing method called “Reiki.” Reiki is a Japanese word that Sensei Mikao Usui created in an attempt to label the energy healing system he rediscovered in the late 1800s. Sensei Usui discovered for himself how to permanently connect to this unlimited energy and how to direct it toward healing. Later, he taught others this healing system.

Reiki is one form of healing, or channeling the divine light of our Creator, but it is more than just a type of energy healing. Each of us has the ability to tap into this “Universal Healing Energy of Light.” By tapping into the Universal Healing Energy of Light, we are also connecting to the higher consciousness of our Creator. Reiki can become the way we move through life assisting those who come to us looking for healing, harmony, and hope. Reiki is also about finding and following one’s spiritual path in life and ultimately attaining a feeling of oneness with all that is. Finding this “oneness” is one of the greatest gifts you can give yourself and share with others because it is about love, harmony, and empowerment.

Reiki empowerment comes through a series of attunements, or initiations, that increase power at each level or “Degree” of Reiki. At each level, the initiate is given sacred Reiki symbols that increase the Universal Life Force Energy much like a three-way light bulb. The first light “transmission” is dimmer than the second, and the third transmission is the brightest.

About the Deck

This oracle deck contains 33 beautifully illustrated cards pertaining to some aspect of the Reiki wisdom. They are designed to help you connect to the Universal Life Force Energy or higher consciousness. Much like concentrating on a single image (such as a candle flame) while meditating, the cards become a subtle tool in helping us to focus our attention and become more in touch with our feelings and in showing us our divine path. As we reflect upon the energy patterns that are revealed in a reading it will open us up to discover insight into our spiritual journey.

In short, the cards are intended to be used as a focal point when asking for spiritual guidance. The cards act as a “viewport” — allowing us to communicate with our subconscious mind and our Divine Soul.

We have infused each card with the sacred Reiki energy.

About the Layouts or Spreads

In assembling the deck, we have given consideration to the best ways to use the cards to provide the most useful interpretations. Of course, the layouts/spreads we have suggested are only guidelines — you are free to use any layout or spread you wish, or simply consult a single card.

The most pertinent layout/spread to be used with the *Reiki Oracle Cards* is the Life Force Energy Spread. The cards chosen for this spread form only part of the answer we seek in our readings. The inter-relatedness of all the cards is considered as well.

About Gender

Throughout this book you will find we've used a masculine form when discussing the inquirer. When we use terms such as “him” or “his,” we mean them in the neutral sense. We will use the terms “male” or “female” when gender specificity is needed.

About the Card Titles

We have chosen to both italicize and boldface the card titles. In this way you will be “cued” through mild reinforcement. This will also enable you, the learner

and the reader, to quickly locate pertinent information for the card(s) you seek.

CREATORS OF THE REIKI ORACLE CARDS

Gena Wilson, LCSW and **Kupua Claudette Knox** became Reiki Master Teachers in 1994 and have been teaching, as partners, all levels of Reiki Energy Healing since 1996. They have found this journey with Reiki workshops and Reiki healing treatments to be very profound. They both find themselves using the sacred Reiki symbols to assist them with their everyday life events. Gena and Claudette are both gifted intuitives and have been providing spiritual guidance through intuitive readings for many years. They decided it would be wonderful to develop a Reiki oracle deck of cards — combining the Reiki knowledge and energy with their psychic readings.

Author — Kupua Claudette Knox

Claudette has been practicing and teaching metaphysical studies and holistic healing for over 40 years. In 1967, she joined a psychic group and discovered her psychic abilities. She studied and fine-tuned her psychic skills for several years and

then began giving palmistry readings, tarot readings, and Astrology readings.

In 1972, she began teaching Horary Astrology. In 1990, she graduated from the Edgar Cayce School of Massage and Holistic Healing, Virginia Beach, VA. She was an instructor of Advanced Metaphysics, Reiki, and Spiritual Healing at the Takoma Park Metaphysical Chapel (TPMC), Silver Spring, MD from 1997 to 2002. She taught courses that were required for the TPMC and United Metaphysical Churches certification programs. In August 2002, Claudette successfully completed her Hawaiian Shamanic studies and became a Kupua (shaman) of Hawaiian tradition. Her instructor was the famous Kahu Serge Kahili King, author of *Urban Shaman*, *Kubuna Healing*, and many more shaman related books.

Claudette has been hired by many large companies to give intuitive consultations and spiritual guidance and has appeared on the TV show “Unsolved Mysteries” and the talk radio show “Baltimore Health Quest.” Claudette lives and works in Silver Spring, Maryland, and can be reached by email: alohablessings@verizon.net, or on Facebook at www.facebook.com/claurette.knox.

Co-Author — Gena Wilson, LCSW

Gena is a respected psychic, animal communicator, Angel messenger, medium, spiritual counselor, metaphysical teacher and Reiki Master. Though her gifts are varied, she primarily uses the energy of the person or animal to receive messages from the Angelic realms through psychic visions.

She received her master’s degree in Social Work in 1992 from Florida State University. She has been a seminar creator and instructor for the past sixteen years, teaching basic counseling skills, group therapy, conflict resolution, effective confrontation and essential counseling skills for healing arts practitioners. She utilizes her counseling expertise and has a private practice in Maryland. She teaches professionally through Prince Georges Community College (PGCC) and at healing sites around the Washington, DC metro area. Gena teaches dream interpretation, meditation, psychic development, Reiki, animal communication, past life regression and mediumship.

She is committed to helping intuitives on the path to open to their gifts by providing supportive guidance and facilitates groups for practice with others on the path. She is published in *Pathways* magazine and several local county papers. Several articles have

been written about her psychic gifts and animal communications in Bethesda as well as the Howard County magazines. Gena has appeared on local cable shows and been interviewed by *Animal Planet*. She has also been a guest on the radio talk show for Baltimore Health Quest. She lives and works in Greenbelt, MD, and can be contacted through her website, www.inspirebyangels.com.

Artist — Maureen Wolford

Maureen Wolford's versatility in art media has evolved from her realistic large flowers to the spontaneous expressive art of her mixed media pieces. With each piece, Maureen encourages us to focus on the beauty around us, and to share the emotions expressed by her intuitive pieces. Maureen's development as an artist is clarified by her courageous approach to creative problems. Because of her willingness to experiment with different media, she is always seeking new applications that move her work beyond conventional art.

Maureen's art was born from the ideal of Art used in Healing. Maureen has worked using art to help in hospitals with the healing of women on the cancer journey and with children who are grieving from the loss of a parent to cancer, at the Life with Cancer Family Services Center in Fairfax, Virginia. From

this work Maureen has grown using her creativity to encourage artists and all people to find themselves and their creative edge through workshops and classes. Maureen has a Bachelors Degree in Art History and an Associates Degree in Interior Design. She has studied Expressive Arts with both Shaun McNiff and Stuart Cubley. Maureen is also a Third Degree Reiki practitioner, sometimes incorporating art into healing sessions.

Maureen presently resides in Virginia where she creates art and teaches in her home studio and in the Fairfax County Public Schools. To purchase prints of any of the cards and artwork in the book, email Maureen Wolford at mowolford@cox.net or visit her website at www.maureenwolford.com.

THE DIVINATION PROCESS

Divination is an old word for tuning into your intuition, or psychic abilities. Divination, or casting of cards in this case, is a technique for making intuitive information available from the subconscious mind to the conscious mind. The basic process is one of consciously focusing on a question and then letting your inner self give you the answer through some kind of arrangement of signs and symbols. In most cases the meanings of the signs, symbols, and arrangement pattern have been worked out beforehand. Our subconscious mind, where all memory is stored, picks the cards as a way to communicate with the conscious mind.

There is nothing mysterious, occult, or dangerous concerning any cards used for divination. All cards, including the many tarot decks, are pieces of cardboard with pictures painted on them. They are intended to stimulate your subconscious mind. When you shuffle them mindfully, your subconscious knows exactly how much pressure, how much distance, how much shuffling to do to present you (the conscious you) with the answer because your subconscious is already aware of the meaning of all the cards. Your subconscious does the shuffling in the right way to come up with the information you are seeking. Our subconscious mind can do this because

it is connected to our past, present, and future, with no time separation, and the higher consciousness, and thus “knows” the answers — we just have to find a way to listen.

Before beginning an intuitive reading, set your intention and focus your attention on the moment. Setting your intention means having in your mind the desire for an answer that leads to a positive (meaning “for the highest good”) result to the question being posed. If you want to be effective you must have motivation that is based on love, not fear; concentration based on what you want and not on what you do not want; and confidence — believe in yourself and your abilities. Adhere to the first principle of cause and effect: everything you do and say returns to affect you, therefore — harm none. All requests for advice from a higher source must be made in accordance with the free will and highest good of all. If you have been attuned to Reiki then infuse your deck with the Reiki energy.

Remember that all oracles must be approached with respect, ceremony and belief. They should not be used as party tricks but rather consultations in a peaceful uncluttered place with a focused mind and careful attention. Do not ask frivolous or test questions or you will get vague answers. If you trust and believe, then

the answers will be amazingly pertinent to you and the person for whom you are reading.

THE LAYOUT OR SPREAD

The layout, or spread, you choose is important for the reading. Not only will the layout guide you to the answer you seek, but, it is important for the subconscious to know the layout beforehand. When you have a layout in mind the cards will come out and give you an answer that relates to your question. Otherwise, if you start using one pattern and then put a different pattern in mind midway through the shuffling — and there are hundreds of patterns — you may become confused. Keeping your mind on what you are doing is very important.

Each *Reiki Oracle Card* can have several meanings. The meaning depends on the type of layout the reader is using, along with the gender and age of the inquirer. When reading for an eighty-year-old person the meaning of the cards could be entirely different than for a sixteen-year-old person.

Always begin an intuitive card reading by using whatever method you employ for enlisting positive divine guidance and protection. This could be as simple as a short prayer and a call to your Angels

for support and protection. Invoking protection is important — wrong or maliciously misleading answers can come through if you are not protected.

Having chosen an appropriate layout, shuffle the cards. Then pass the cards to the inquirer and ask him to shuffle the cards and then stack the cards in three piles with his left hand. Request the inquirer to put the cards back into one stack any way he chooses. The reader then picks up the cards and begins the reading according to the chosen layout, starting with the top card on the stack.

As our energy signatures are not limited by space and time, cards can also be read at a distance, (e.g., over the phone or on the computer). If you are doing a distance reading, and the reading can be scheduled ahead of time, ask the inquirer if he could forward something of his to you. The object could be anything the inquirer wishes to send, e.g., a signature, a picture, or some object that belongs to him. Such an object can be helpful to tap into the inquirer's energy. This is especially true for beginning readers. Bear in mind having such an object is neither mandatory nor necessary. The object simply carries the inquirer's energy and could thus amplify the reader's receptivity.

The layout recommended for the *Reiki Oracle Deck* is the Life Force Energy Spread. The deck is designed to

provide a comprehensive view into the inquirer, so the layout reflects the many aspects needed to gain insight into the inquirer. However, we recognize that other layouts may suffice, so you, the reader, are free to use any layout you desire.

Remember, when interpreting the cards, let your intuition be your guide. The meanings we have provided in this book are simply guidelines. Your intuition will provide the correct meanings — differences between your intuition and the guidelines are certainly allowed.

KEY CARDS

There are a few key cards — they are the Inquirer's Card, the *Reiki* card, the *Kazoku* card, the *Makoto* card, the *Tomii* card and *Kenkou* card. The Inquirer's Card can either be *Onno* or *Otoko*, and generally represents the inquirer, and is thus the “key” card in the reading if you are using the Life Force Energy Spread. The *Reiki* card is the spiritual attainment card, and adds a degree of spirituality relative to its position in the layout. The *Kazoku* card, essentially self-explanatory, portrays one's familial members and relationships. Also, in the Life Force Energy Spread, the locations of the *Makoto* will determine the status of love, *Tomii* will determine the status of wealth, and

Kenkou will determine the status of health for the *Onna*, *Otoko*, and *Kazoku* cards. The key cards are explained further in their relevant pages in this book.

THE LIFE FORCE ENERGY SPREAD

The Life Force Energy Spread is the most pertinent layout to be used with the *Reiki Oracle Deck*. This is a very detailed spread that mirrors the inquirer's current energy. Readings using this layout give powerful messages that aid the inquirer on his journey toward wisdom, freedom and a harmonious life through observations of the relationships of the cards and their positions in the layout. This spread is designed to uplift the spirit of the inquirer and keep the inquirer moving in the right direction during times of challenge, confusion, change, and crisis.

First, thoroughly shuffle, cut, and restack the cards (see paragraph 4 in “The Layout or Spread” for guidelines). Next, place one card at the top of the area for the spread. This card indicates what is most prevalent on the inquirer's mind at the moment of the reading (e.g., concerns over a person or situation, a desired action to be taken, a place he wishes to go, the need for resolution, etc. — the card's meaning

may not be literal). Then create four rows of eight cards underneath that card. The cards are placed from left to right, one row at a time. Thus, row one will contain cards one through eight, then row two will contain cards nine through sixteen, and so on. The left-to-right arrangement represents past-to-future influences. See Figure 1, below.

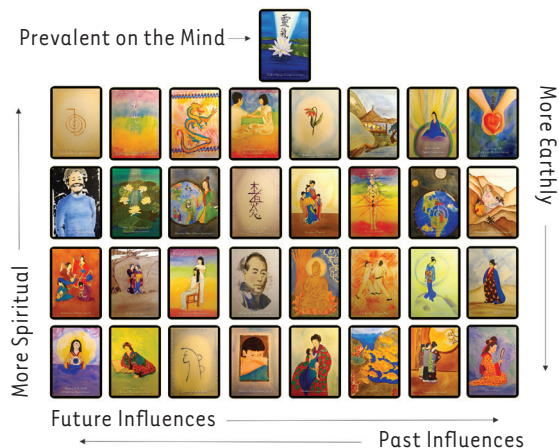


Figure 1 - Life Force Energy Spread

The cards touching the Inquirer's Card on the left side are past influences; on the right are future influences; on the top indicate what is prevalent on the inquirer's mind and the card touching the bottom of his card is supporting the inquirer.

If the Inquirer's Card is low in the spread, this signifies that the inquirer tends to be very busy thinking of all the influences that hang over his head. If the Inquirer's Card is placed high in the spread then the inquirer faces many earthly situations beneath him, while emotionally he is feeling "on top of things."

First, notice where your attention is drawn to in the layout. What cards are touching the key cards? The cards that are touching the key cards have the most influence. If the inquirer is *Onna*, the *Otoko* card would represent the most important male energy in her life. If the inquirer is *Otoko*, the *Onna* card would be the most important female energy in his life. The cards touching the *Kazoku* card would indicate the status of the family and how the family relates to the inquirer. Where the *Reiki* card is placed in the layout will signify what the inquirer needs to accomplish to bring his energy into harmony with his higher consciousness. It is also important to locate the *Makoto*, *Tomi* and *Kenkou* cards and how they relate to the Inquirer's Card and the family card.

Examine the meaning of each card and then study where it is located in the layout to see how it relates to all the other cards.

THE ONE-CARD SPREAD

The One-Card Spread can be useful as a spread after the Life Force Energy Spread, or on its own.

It is a useful spread that can be used when the inquirer wishes to know more about what is influencing the major areas of his/her life, such as Love, Family, Health, and Wealth. This spread can also work with any other major areas the person wishes to explore further.

First, ask the inquirer to choose a card for the major area and place that at the top of the spread. Second, ask the person to draw three cards from a shuffled deck and place them under the area card to form a slight pyramid with the major and specific card in the middle, or at the top. No specific order is required.

THE REIKI SYMBOL INFLUENCES

The Reiki Symbol cards are useful either as a prelude to their Reiki session or for a reading.

Place the four Reiki symbols in a row or place one symbol down at a time and have the inquirer choose one to three cards relating to each symbol. Example:

Cho Ku Rei — ask the Inquirer is more light needed?

Sei He Ki — ask the Inquirer where in his life exist emotional issues?

Hon Sha Ze Sho Nen — where is there a past life issue or karma?

Dai Ko Mio — ask the Inquirer where in his life he needs more balance?

THE CARDS

The following pages describe the cards and their general meanings. The exact meanings are left to you, the reader. Use your intuition, coupled with the guidance given herein, to interpret the layout before you.

Cho Ku Rei LIGHT SWITCH

The *Cho Ku Rei* is one of the sacred Reiki healing symbols. The *Cho Ku Rei* card represents “turning on the light,” increasing your spiritual powers, and connecting you to the divine healing light. Spiritual power comes from within and is the ability to utilize your higher self in all you do in life. Listening to your higher self will bring you a new, more peaceful, and complete perspective.

Don't turn over your personal power to anyone or anything — nothing outside of you has any power unless you so choose. You can empower or disempower anything anytime.



Life Force Energy Spread

When using the LFES, please consider the following guidelines for the *Cho Ku Rei* card:

- Touching the Inquirer's Card:
 - On the right, indicates an upcoming opportunity for spiritual advancement.
 - On the left, indicates a past event which impacts the present.
 - From above, indicates speeding up of his healing, spiritual power, or divine gifts.
 - From below, either what the inquirer seeks is already present, or, the inquirer needs to actively seek that which is missing.
- Touching the *Reiki* on any side card indicates the inquirer is on a strong path to obtain spiritual enlightenment.
- Touching the *Makoto*, or *Tomi*, cards means enhancing the decision making process relative to the card it touches.
- Distance between *Cho Ku Rei* and any of the key cards might help or hinder the effect of the card depending upon the intuitive understanding of the reading.

Dai Ko Mio HARMONY/BALANCE

The *Dai Ko Mio* card represents harmonizing and balancing the life force energies. It is the triune of love, light, and harmony. It enables the inquirer to live his life in service to others with open hands, an open mind and an open heart. This symbol is attained by the Master of Reiki and it is used to enlighten others on the path to wholeness. It signifies staying connected with all that is. To the degree that you are happy with yourself, with people, with the world around you, your life is in harmony with all that is.



Life Force Energy Spread

When using the LFES, please consider the following guidelines for the *Dai Ko Mio* card:

- Touching the Inquirer's card:
 - On the right, indicates the future will be in better harmony and balance with the inquirer's spiritual goals.
 - On the left, the inquirer has been generally balanced and is in harmony.
 - From above, indicates the inquirer is on the right spiritual path and in service to others.
 - From below, the tools needed to provide harmony and balance are in hand.
- If touching the *Reiki* card on any side and the Inquirer's Card, the inquirer is an enlightened, old soul who has traveled many paths to spiritual greatness.
- Cards separating the Inquirer's Card from *Dai Ko Mio* indicate what is needed to bring balance and harmony into the inquirer's life.
- The above guidelines apply to the other key cards.

NOTES



NOTES



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