

Conscious SPIRIT

ORACLE DECK

Written and illustrated by Kim Dreyer



SAMPLE

*Awakening the spirit and rekindling the connection
between the cosmos and the earth.*

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INTRODUCTION

CONSCIOUS SPIRIT ORACLE DECK was created to honor, celebrate, and reconnect to Nature, Spirit and the Divine Feminine in all her forms: the angel, fairy, goddess, the maiden, mother, and crone.

This booklet contains interpretations to help guide you through the wisdom and energy each card carries. However, should you feel further messages coming through a card, then trust your intuition and follow through with this. The cards have also been arranged in a sequential 'journey.' By working from card 1 through to card 44, you will be taken through the steps to awaken and discover your own unique path. The cards are not 'quick-fix pills'. The guidance they share requires your input and work. They are here to assist you in making lifestyle changes that bring you into alignment with your higher self. These Oracle cards are meant to be a conduit between your higher guides and yourself; the cosmos and the earth, a tool through which spirit, angels, and guides can touch your heart. The cards were designed to gently and lovingly share their wisdom and the wisdom of the universe with you, allowing you to find your soul's purpose and in so doing, raise the energy of earth and bring about healing, compassion, and love for all life. The purpose of these cards is also to awaken you to the beautiful, unique human being that you are and to remind you that you have valuable gifts and lessons to share with all of humanity.

The concept for this deck evolved through the artist's personal journey to connect to her own unique spiritual self. In her journey to become a more 'conscious spirit' Kim Dreyer realized that by sharing the knowledge and experiences she has gained she could help others move towards a more fulfilled, joyous life.

Should you wish to share your own experiences of these cards or have any queries regarding them you are welcome to contact Kim through her website: www.kimdreyerart.com.

1 • SPIRIT AWAKENS

*"I embrace my soul purpose and align
all aspects of my life to it fully."*

We are often so caught up in the physical and mental aspects of life that we neglect our spirits and our souls. This card is a reminder to you that the spirit aspect of self is one that endures, life after life and must be acknowledged and nurtured on the physical plane. Perhaps you place too much emphasis on your physical body or your mind. By awakening the spirit within you are able to become aligned to your soul purpose and can find peace and meaning to life. Beware of allowing others to determine your spiritual path. It is a very personal journey and you must find your own. Do not allow others to force their beliefs or religions on you. Spirituality does not need to be linked to a specific religion or dogma. It is an inner knowing; a feeling of connectedness, of love and joy; of being one with the Divine Source. By bringing together your lower chakras and higher chakras and merging them within your Heart chakra you are able to lovingly connect to spirit and all spiritual wisdom that will serve your soul purpose while at the same time keeping you grounded firmly to Mother Earth. Follow your own unique spiritual journey and become the magnificent being you are meant to be.

2 • MEDITATION

*"I meditate daily to allow universal wisdom
to flow through me."*

This card is asking you to make time on a daily basis for quiet meditation. The practice of meditation will help you find inner stillness within your mind and help you de-stress. Meditation also allows messages and knowledge from your Higher Self and Guides to flow through you. There are many forms of meditation—find one that suits you. Try meditating out in nature, allowing yourself to be held and supported by the Earth. Whichever form of meditation you choose, begin slowly and be patient with yourself. Our modern minds are filled with chatter that is difficult to let go of. But persevere and you will be rewarded. Once you have found a meditation to suit yourself you will be able to go into this relaxed state easily. Guided meditations are a wonderful way to begin meditating and allow you to drop into a relaxed state without worrying whether you are doing it right or wrong. Even if you do not use meditation as a form of connecting to spirit guides, it will greatly assist you in relaxing and calming your body and mind.

3 • TRANSFORMATION

*"I journey within to meet my higher self
and to find true happiness."*

Society leads us to believe that possessions and external things will bring joy, happiness, and contentment, but that is not true. Real, lasting happiness can only be found once you go within and connect to your true self. This card reminds you that transformation must begin from within and only you can decide to begin this journey. By acknowledging and understanding the darker aspects of self as well as your inner light, you can begin to move towards a greater understanding of who you are and what direction your life needs to move in. Light casts shadow—the two are intricately bound. Often it is your shadow self that gives you courage and strength to live in the light. Be gentle and kind to yourself on this inner journey. Know that at all times you are guided and supported by beings of light and your higher self. You can take this journey alone by following your intuition or you can seek guidance from books or people you trust. There is no right or wrong path. Your path is unique to you. Follow it with courage and strength, remembering to always show compassion and love to yourself as your true self unfolds.

4 • GRATITUDE

*"I am grateful for everyone and everything in my life
and the lessons each brings."*

Every day, every situation and person brings with them a unique experience, a unique gift. This card is asking you to stop focusing on what you perceive you lack in your life and focus on what you do have. Your life is filled with blessings and abundance in many forms. Give thanks for all of life's gifts—the small and the big, the positive and negative. At the start of each day, give thanks for the gifts the new day will bring. By giving thanks in advance, you can learn to acknowledge and receive each gift unconditionally as it appears. If you feel you do not have anything to be grateful for because of emotional, mental or physical suffering, this card is asking you to stop focusing on the negatives for this brings only more of the same. Only when you acknowledge and give thanks for the blessings you do have, will you be able to heal and move forward. Being alive is one of life's greatest gifts. Begin by showing gratitude for life.

5 • ROOT CHAKRA

*"I have everything I need to survive
and grow on the physical plane."*

The Root chakra is linked to the Earth, your survival, your physical needs: food, warmth, and shelter. Its name is Muladhara and means 'root support'. The color associated with it is

red and it is situated at the base of the spine. This card has appeared to remind you that your lack of self-esteem comes from measuring your life against others. Your basic needs will be attended to only if you follow your own truth. By doing this you will gain confidence and find that you are able to manifest all that you need. It is important to ground yourself to the Earth to balance this chakra. Balancing your root chakra will allow you to be the master of your own life and will assist you in finding limitless energy in achieving your goals. However, it may be necessary to take an objective look at aspects of your life that prevent you from doing this. Your physical and psychological roots have shaped who you are today. There may be a childhood experience which prevents you from finding meaning to life. Seek professional help to move past childhood blockages. If you experienced lack as a child, this memory may prevent you from accepting abundance as an adult. Meditating, working with red crystals, or practicing yoga can also assist you in balancing this chakra.

6 • EARTH ELEMENTAL

*"I gratefully accept the abundance
the Earth bestows on me."*

This card is asking you to recognize that abundance flows from Gaia, Mother Earth. She is also the foundation for the other three elements—Air, Fire, and Water—all life. Her vital life-giving energy flows into the water we drink and the plants

we eat. It flows into every creature, every rock and crystal on this planet. Become a conscious consumer by eliminating toxins in your life. Do not use chemicals in your home or garden and avoid chemical-laden products that contaminate not only your body, but the Earth as well. The Earth can only support healthy life if we keep her healthy. This card could also be an indication that you need to balance your body's energies. Perhaps you live too much in your mind, up in the clouds. Balance this by grounding yourself—come down to Earth. Sit or walk in nature and align yourself with her nurturing energies. Crystals, rocks, and soil are associated with this element. Gnomes and dwarfs are symbolic of its energy and can help you develop your individuality, determination, and appreciation of all things.

7 • SACRED SPACE

*"I find peace, security, and contentment
when surrounded by Nature's beauty."*

This card is a reminder to strengthen your connection to nature by finding or creating a safe, sacred space for yourself in your garden or in your home where you can surround yourself with the sounds, images, and objects of Mother Earth. The sacred feminine's connection to Earth is an important connection that will awaken your intuitive side to the lessons of nature. It will also allow you to become aware of and to understand the loving support that is available to you from Mother Earth

and the Elementals. Whether you use your sacred space for meditation, inspiration, ritual, prayer, or simply to de-stress, sitting calmly in this space will allow you to absorb nature's soothing, healing energies. Use this space to learn to love and appreciate every aspect of nature: her plants, animals, mountains, crystals, rivers, and seasons. Once you have created this space and feel comfortable and secure within it, you can hand over any question or concern you may have about your life to the animal spirits or elementals, angels or guides, asking them for their help and guidance. The more time you spend in this space in quiet contemplation, the more calm and content your life will become.

8 • THE HEALER

*"I am loving and compassionate
and able to bring healing to others."*

This card is here to ask you to awaken your natural feminine healing abilities. But before you can begin to heal others, you need to bring about healing in your own life on a mental, physical, and spiritual level. To do this you must connect to the healing energies of nature by eating fresh, organic whole foods, and if possible, follow a vegetarian diet. You also need to remove chemical toxins from your diet, your beauty regimen, and your environment. Treat your body with the utmost respect—give it rest, exercise, and nutrition when it needs it. Do not neglect any aspect of your self. You may need to see a natu-

ral healer should you have a recurring or persistent condition. If you are healthy and this card comes up it could mean that you need to share your own healing experiences with others or study a natural healing technique so that you are able to heal others. There are many natural healing fields that bring about a greater understanding and respect for nature and the universe—herbalism, crystal healing, reiki—find one that resonates with you. Whether you simply read about the subject, or do a course, both will bring about further healing and a greater understanding of health in your own life.

9 • ARCHANGEL RAPHAEL

"I invite Archangel Raphael to bring healing and knowledge into my life."

Archangel Raphael is the Angel of healing and knowledge. His name means "God has healed." Call upon Raphael to bring mental, emotional, and physical healing to the areas of your life that you are struggling with. Perhaps there is a health issue you have been ignoring and you need to seek professional help. Don't ignore your body's signs that there are imbalances. Raphael supports all of life on this planet. This card could also be asking you to help others find their own path of healing by working with the angels. If you are a healer, bring the light and love of Raphael into the healing techniques you already use to strengthen them.

Raphael can help you balance your chakras, boost your immune system, and teach your body to learn to heal itself. Always remember to heal yourself before embarking on a journey to heal others.

10 • SACRAL CHAKRA

"I feel comfortable in my own body and I'm sensitive to other people's feelings."

The Sacral chakra is linked to water, sexuality, and emotions. Its name is Svadhisthana and means 'sweetness'. The color associated with it is orange and it is situated between the navel and the genitals. This card is asking you to let go of any manipulative or aggressive behaviors that bring conflict in your life. You need to learn to be intuitive and understanding in your relationships with others and yourself. If you are shy and untrusting, this card could be an indication that you need to seek out the reasons for your distrust of others. By acknowledging and releasing a past experience that brings out this emotion in you, you will be able to begin to trust once again. This chakra is very much about being attuned to and trusting your own feelings. But you must learn to distinguish between true feelings and the ego. If you are very sensitive, find a creative outlet such as painting or writing that will help you to release and understand your feelings, by allowing you to view them from a more objective perspective.

11 • WATER ELEMENTAL

*"I allow my body, mind, and spirit
to flow intuitively through the changes in life."*

The element of water is the most fluid of all the elements. It is associated with emotions, the subconscious, and love, as well as intuition and creativity. This card is asking you to be aware that life is in constant flow, forever changing. Do not hold onto past emotions, relationships, objects, or situations that prevent you from moving with the natural flow of your own life. Invite into your life people and experiences that make you feel happy and give you pleasure. If you tend to isolate yourself too much now is the time to gradually start spending more time with people you feel comfortable with. The element of water is also linked to the planting and germination of new things. Perhaps it is time to start the project or course you've always wanted to do. Put your heart into it and find enjoyment. If you are very emotional, this card could be a reminder to you to be gentle and understanding with yourself. Recognize what brings out your emotions and move away from that which brings out negative emotions in you. The oceans, rivers, and shells are associated with this element. Mermaids and sirens are symbolic of their energy.

12 • REACH OUT

*"I reach out my hand and my heart
to connect to and unite all of humanity."*

We each possess unique gifts that we need to develop and share with the world. Whether you are aware of your gifts or not, by reaching out to others and sharing your experiences, hopes, and dreams, as well as your fears, you will begin to understand your specific gifts and their purpose in this world. With modern-day technology it is easy to reach others far across the globe. But do not overlook family and friends or the community you live in. This card is asking you to open your heart and connect to people near and far. Share your talents and knowledge to help those in need. Communicate with like-minded souls and learn from those whose cultures and belief systems are different from yours. Expand your world by expanding your heart. It is time to set aside your differences and connect to others on a soul level in order to spread love, compassion, tolerance, hope, and solidarity between all cultures and races. Only by joining together can you build a brighter future for all concerned. Do not isolate yourself, for your life will only truly have meaning when you share it with others.

13 • SOLAR PLEXUS CHAKRA

"I take actions daily that awaken my personal power."

The Solar Plexus chakra is linked to fire, personal power, and self-esteem. Its name is Manipura and means 'lustrous gem'. The color associated with it is yellow and it is situated roughly two inches above the navel. This card deals with your lack or excess of personal power. If you allow others to make decisions for you or allow them to manipulate you, you will never find happiness. By following your own path and making choices that are your own, you will find that your own inner strength and confidence will grow. If you are over-confident or use your power to control or manipulate others, this card is asking you to start acknowledging the strengths in those around you. All people have their own part to play in this life. No-one is better than another. Only by respecting and recognizing the strengths in others will you find their cooperation. By acknowledging your own strengths you will be able to live life to the fullest. Remember, power is not about control, but about recognizing and awakening the unique inner strengths of all those around you.

14 • FIRE ELEMENTAL

"I ignite the fire within me that connects me to the Divine."

The element of Fire is an extremely powerful force and must be handled with caution. It is associated with will, passion,

and change. Fire represents the Divine Spark that resides in all of us. This card is asking you to find the fuel that ignites this spark. Finding your bliss will assist you in connecting to the Divine. The energy of fire will stimulate your passion and determination, which will help you through the changes in your life. This card could be telling you that to flow more easily through the changes in life, you need to reignite your passions. Move your life in the direction where your passions lie. Make choices based on what makes you happy, not what others want or expect. Candles and flame are associated with this element. Salamanders are symbolic of their energy and they help in releasing old patterns to make way for the new.

15 • FIND YOUR BLISS

*"I am following a path I love
and am fully aligned to my soul purpose."*

This card is here to remind you that you will only be truly happy when you are doing what you love. Start making small changes in your life to help steer you into a career or path that fulfills you and satisfies your passions and talents. Know that the Universe will support you in these changes, but you have to start taking the necessary steps. If you are unsure what your bliss is, begin to research subjects that spark your interests. Connect with others who have similar interests and find courage and inspiration from them. If you are already on a path that you love, perhaps it is time to think of new directions in

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